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Figure: Department of Veterans Affairs Seal -
Living in Cincinnati

Cincinnati is a scenic city built on seven hills along the banks of the Ohio River. The population of the city and surrounding metropolitan area is approximately 2.1 million people. It has the distinct advantage of being a large enough city to offer a great variety of experiences, while not being so large that one gets overwhelmed. Its moderate size allows for excellent government services while offering a wide variety of interesting social, cultural and athletic activities.

The Census Bureau estimates Cincinnati's multicultural population at nearly 50% of the total. African Americans make up the majority of the city's diverse population, and a study released in June, 2007 by the Hispanic Chamber Cincinnati USA found that the area's Hispanic population grew by 38% between 2000 and 2005, ten times faster than the broader Ohio-Kentucky-Indiana Tri-State region. (http://www.cincyusa.com/multicultural/diversity/)

Cincinnati is the home of the University of Cincinnati, Xavier University, Hebrew Union College, Cincinnati Art Academy, College Conservatory of Music and the College of Mount St. Joseph. In addition to the cultural events offered at these institutions, Cincinnati has a nationally known symphony orchestra (http://cincinnatisymphony.org/), the second oldest opera company in the United States (Cincinnati Opera), a May Festival devoted to classical oratorios with nationally known performers, and the Cincinnati Ballet Company. The Cincinnati Playhouse in the Park offers professional productions of contemporary and classical theater on its two stages throughout the year. The Aronoff Center for the Performing Arts in downtown Cincinnati hosts professional theatre and dance year-round (http://cincinnatiarts.org/aronoff).

![Figure 1: Aronoff Center for the Performing Arts](http://cincinnatiarts.org/aronoff)
The greater Cincinnati area also has more than 100 museums and galleries which enhance its reputation as a cultural center. These include the Cincinnati Art Museum in Eden Park, The National Underground Railroad Freedom Center, Contemporary Art Center, Taft Museum, Krohn Conservatory as well as the Museum Center which houses the Natural History Museum, the Cincinnati Historical Society, and the Children’s Museum. Cincinnati also has a wonderful Planetarium and Observatory that are open to the public.

Cincinnati is the birthplace of major league baseball and our Cincinnati Reds currently play in the Great American Ball Park. Football fans can enjoy watching the Cincinnati Bengals play at the new Paul Brown Stadium. Boating, golfing, tennis, ice skating, hiking and camping are among the other activities enjoyed by Cincinnatians who utilize the Ohio River, local lakes and the outstanding state and county park systems.

Findlay Market, Ohio's oldest continuously operated public market, is a gathering place for the most socially, economically, racially, and ethnically diverse crowds found anywhere in Cincinnati. The Market is located just blocks from downtown in Over-the-Rhine, a dense historic neighborhood rich in 19th century architecture. Findlay Market is home year-around to about two dozen indoor merchants selling meat, fish, poultry, produce, flowers, cheese, deli, and ethnic foods, and hosts numerous street performers and special events. [http://www.findlaymarket.org/](http://www.findlaymarket.org/)

Cincinnati also has a wonderful public parks system. In 2018 the Trust for Public Land's *ParkScore* index rated Cincinnati as 7th in the nation right behind San Francisco and Portland.
Cincinnati VA Medical Center

The Cincinnati VA Medical Center is a general medical and surgical hospital with all the services found in a large urban hospital. The Mental Health Care Line within the Medical Center is composed of seven divisions including: Outpatient Mental Health; Trauma Recovery Center; Assessment and Intensive Treatment; Substance Use Disorders; Domiciliary Care for Homeless Veterans; Special Mental Health Services; and Community Psychiatry. The various mental health services available to Veterans are distributed between the main campus located two miles north of downtown Cincinnati, the Ft. Thomas Division located five miles southeast of downtown in Ft. Thomas, KY, and a system of six community-based outpatient clinics (CBOCs) located in Clermont County, OH, Georgetown, OH, Butler County, OH, Bellevue, KY, Florence, KY, and Dearborn County, IN.

As a VA hospital, the Cincinnati VAMC is dedicated to the care of Veterans whose injuries or medical conditions were obtained while in the United States military service. Whereas we serve a predominantly Caucasian and African-American male population, a growing percentage of Veterans served at the Cincinnati VAMC are women.

In addition to emphasizing high quality clinical treatment, the VA Medical Center has a strong commitment to training. As a Dean’s Committee Hospital, we maintain close teaching ties with the University of Cincinnati College of Medicine. Staff members of most of the clinical services at the VA Medical Center, including many psychologists, have teaching appointments in the College of Medicine. In reciprocal fashion, many of the Medical College faculty serve as consultants to the VA Medical Center. Some of the VA psychology staff also have adjunct appointments to the University of Cincinnati Department of Psychology as well as to the Xavier University Department of Psychology. Our
Center has fully accredited training programs in most of the major health specialties, including psychiatry, nursing, pharmacy, social work, rehabilitation therapy and medical technology.

The VA Medical Center is located within a large complex of facilities which includes the University of Cincinnati, the University of Cincinnati College of Medicine, the University Hospital, Cincinnati Children’s Hospital, Shriners Hospitals for Children, and several other psychiatric and medical facilities. Regularly scheduled programs such as grand rounds, seminars, case conferences and presentations by invited distinguished lecturers are open to interns. Library facilities are available at the VA Medical Center, the Medical School, and the nearby University of Cincinnati.

The Psychology Training Program has video and audio taping facilities available. Interns are encouraged to use these facilities for training and clinical purposes.

Figure 6: Fort Thomas Division of the Cincinnati VA
The Psychology Training Program at the Cincinnati VA Medical Center offers a doctoral internship training program accredited by the Commission on Accreditation of the American Psychological Association as a doctoral internship in Health Service psychology.

Mission

The mission of the internship training program is the development of psychologists who have the knowledge, skills, and self-awareness necessary to deliver psychological services to diverse populations in a variety of settings, and who practice competently and independently in a professional, empathic, and responsible manner. We provide opportunities for interns to examine a broad range of psychological problems, to develop depth of skill in particular areas of specialization, and to gain practical experiences as preparation for successful entry into postdoctoral or entry-level professional positions including careers within the Veterans Health Administration.

All activities during the training year are coordinated and supervised by the doctoral staff of the Cincinnati VA Psychology Program. Our staff views internship as a year of intensive supervised clinical experience that bridges graduate school with the professional practice of health service psychology. Each intern’s training experience is specifically designed to meet a given student’s needs, goals, and skill levels.

Training Aim and Core Competencies

To fulfill our training mission, the primary aim of the training program is the development of intermediate to advanced skills in the core competencies of health service psychology. Broadly, these core competencies follow the core competencies provided by the American Psychological Association (revised 2011) including: Research; Ethical and legal standards; Individual and cultural diversity; Professional values and attitudes; Communication and interpersonal skills; Assessment; Intervention; Supervision; Consultation and interprofessional/interdisciplinary skills.

These core competencies are presented and discussed with the interns during orientation week, and the performance objectives are formally captured in the internship evaluation form. This form provides behaviorally-anchored descriptions adopted from the APA standards to illustrate the expected developmental progression of skill and conduct for interns from the start to the completion of internship.
Training Model

Our training program subscribes to a scientist-practitioner model of education and training for the practice of health service psychology. More than rote memorization of specific research findings, we actively encourage interns to adopt a rational empirical process to understand and evaluate their clinical activities, to critically evaluate, integrate, and apply the current scientific literature to their various professional activities in accurate and culturally sensitive ways, and to actively provide, seek, and use feedback to assist with their mastery of the program’s core training competencies. In sum, our program upholds the view that good clinical practice is based on critical thinking and the applied science of psychology delivered within an interpersonal context of care and compassion. Further, we also recognize and value the need to skillfully adapt broad empirical data to individual, group, and cultural differences.

Philosophy of Supervision

Our philosophy of supervision at the Cincinnati VA adheres to a competency-based approach, which identifies explicit and measurable standards of performance and tailors training to the developmental needs and skills of our interns. Over the course of the internship year, interns are expected to function increasingly independently as they mature in clinical and professional development. Accordingly, while interns always function under direct supervision, their clinical experiences increase in complexity and independence over the course of the training year. This developmental progression is also facilitated by professional development didactics offered throughout the year to the interns. And whereas some interns pursue very specific training goals during this year, our internship also provides a time for each Intern to develop his or her individual strengths and to experiment with the variety of roles and activities available within health service psychology.

Breadth of Training

The internship year is structured to maximize exposure to a wide range of experiences, while offering sufficient concentration to provide depth of learning and to build expertise in particular areas. As such, we strive to balance the needs for broad-based training with opportunities to focus on areas of specialization. Our goal is twofold: to support our interns’ particular career interests while providing a well-rounded clinical training experience. Consistent with the APA Guidelines on Accreditation, we strive to provide internship education and training in preparation for entry-level practice in health service psychology that is broad and professional in its orientation rather than narrow and technical.
Broad-based training grounded in our core competencies thus provides a comprehensive view of psychological practice intended to encourage creative problem solving through the use of empirically supported psychological principles and sound judgment across clinical, ethical, and professional domains. Interns get experience thinking and practicing as psychologists to prepare them for careers in a variety of settings. The acquisition of specific skills, techniques, and conceptual models are considered as means to this goal, rather than as ends in themselves.

We recognize that a health service psychologist must be capable of thoughtfully applying psychological principles to the solution of complex individual and social problems rather than habitually applying prescribed solutions to narrowly defined complaints. In this regard, our aim is to provide training that not only prepares interns for the problems of today, but also assists them to develop the personal and professional skills needed to successfully manage the challenges that will arise over the duration of a long professional career.

**Diversity**

As a Training program within the Veterans Health Administration, we support the Department of Veterans Affairs Diversity and Inclusion Strategic Plan for 2017-2020. Link: http://www.diversity.va.gov/products/files/StrategicPlan.pdf From that document:

A decade ago, VA’s Office of Diversity and Inclusion (ODI) initiated a new conversation about diversity and inclusion in the public sector. Informed by a growing body of research, we proffered a transformative paradigm that linked diversity and inclusion to organizational performance. This new paradigm was based on the value proposition that equal employment opportunity (EEO) was more than a legal mandate; it was a business imperative. It was predicated on two cardinal precepts: 1) EEO is foundational to achieving workforce diversity; and 2) inclusion is the key to achieving high organizational performance. While we remained unequivocally committed to equal opportunity in the workplace, we also understood that EEO was necessary but not sufficient to create a high-performing organization in the 21st century.

This paradigm shift began by defining diversity in its broadest context to include all the characteristics that make us unique: race, color, gender, religion, national origin, age, disability, ethnic culture, sexual orientation, gender identity, parental status, educational background, intellectual perspective, socioeconomic status, organizational level, and more. By doing so, we were able to access all the performance advantages our diversity offers. We then strengthened the model by focusing on inclusion as the means by which we leverage our diversity and empowered all voices to contribute to the public service mission. (p.1)
Within the Department of Psychology, our goal is to extend this commitment to include the creation of a community that recognizes and values the inherent worth and dignity of every person. We believe that diversity among departmental members strengthens our staff, stimulates creativity, promotes the exchange of ideas, and allows us to provide more sensitive and effective patient care. We welcome diversity in our Internship class, and we warmly encourage minorities and persons of diverse backgrounds of all types to apply to the Cincinnati VAMC Internship. Interns are exposed to aspects of diversity unique to the Veterans' population during the internship year through assessment, treatment, consultation, and Internship-specific seminars. Our aim is to optimize the training experience through individual appreciation and clinical understanding of human diversity in all aspects of psychological practice.

Our program views central aspects of training, from assessment to intervention to issues of diversity, to be best addressed "in action" or "in context." Thus, our diversity training focuses on aspects of diversity salient and present in our local military Veteran cultures and region. Interns are asked to apply their knowledge of psychological science, individual differences, and group/cultural diversity directly within their patient care settings.

Of note, our facility is listed in the Health Care Equality Index as a leader in LBGT healthcare. Further, the local LGBT Health Care Coordinator for our Mental Health Care line serves on both the Psychology Training Committee as well as the Psychology Diversity Committee. Interns are welcomed and encouraged to participate in our Psychology Diversity Committee and diversity training activities.

**Active Learning**

A final value of the training staff is the active involvement of interns with the content and structure of the internship. Interns are invited to participate in the Psychology Training Committee, and Intern feedback directs the content and timing of the Intern seminars. Interns are expected to provide ongoing feedback to supervisors and to propose improvements in the structure and/or content of their training rotations. In recent years our interns have rewritten our professional conference feedback forms and have designed feedback forms for the Intern seminars. Intern feedback has also helped us to reshape our public materials, including this brochure to more accurately reflect our focus on diversity and science in training.
For every Intern, the four fundamental experiences built into the internship program are the **two Major Rotations**, the **Minor Rotation**, the **Outpatient Therapy Rotation**, and the **Training Conferences**.

**2 Major Rotations** - 6 months each, 24 hours per week, 2 hours of supervision each week.  
**1 Minor Rotation** - 12 months long, 8 hours per week, 1 hour of supervision each week.  
**Outpatient Therapy** - 12 months long, 5 hours per week, 1 hour of supervision each week.  
**Training Conferences** - 12 months long, 3 hours per week.

Each Intern will work with at least four doctoral staff psychologists as primary supervisors during the year in their two major rotations, the minor rotation, and the long-term outpatient experience. A minimum of four hours of supervision is expected per week, of which three hours are individual meetings with primary supervisors. All members of the psychology staff are also available for consultation. Information about the psychology staff can be found in Appendix A.

### Sample Intern Weekly Schedule

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am – Noon</td>
<td>Major Rotation (all day)</td>
<td>Outpatient Therapy Cases</td>
<td>Major Rotation (half day)</td>
<td>Major Rotation (all day)</td>
<td>Major Rotation (half day)</td>
</tr>
<tr>
<td>1 - 2pm</td>
<td>Major Rotation (all day)</td>
<td>Intern Hour</td>
<td>Major Rotation (half day)</td>
<td>Major Rotation (all day)</td>
<td>Major Rotation (half day)</td>
</tr>
<tr>
<td>2 - 3pm</td>
<td>Major Rotation (all day)</td>
<td>Professional Conference</td>
<td>Minor Rotation (half day)</td>
<td>Major Rotation (all day)</td>
<td>Minor Rotation (half day)</td>
</tr>
<tr>
<td>3 - 40pm</td>
<td>Major Rotation (all day)</td>
<td>Intern Seminar</td>
<td>Minor Rotation (half day)</td>
<td>Outpatient Therapy Supervision</td>
<td>Minor Rotation (half day)</td>
</tr>
</tbody>
</table>
# Internship Tracks and Rotation Assignments

Each Intern applicant will match to the internship on one of four tracks. Our Track admission process is designed to guarantee that at least one of an intern’s Major Rotation training experiences is in an area of their choice.

<table>
<thead>
<tr>
<th>General Clinical Track Number 150411</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Psychiatry</td>
</tr>
<tr>
<td>Community Based OP Clinic (CBOC)</td>
</tr>
<tr>
<td>Domiciliary</td>
</tr>
<tr>
<td>Mental Health Clinic</td>
</tr>
<tr>
<td>Substance-Use Disorders (SUD)</td>
</tr>
<tr>
<td>SUD/PTSD Treatment Program</td>
</tr>
<tr>
<td>SUD Outpatient Treatment Program</td>
</tr>
<tr>
<td>SUD Residential Treatment</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Neuropsychology Track Number 150412</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neuropsychology</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Trauma Recovery Center Track Number 150413</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trauma Recovery Center</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Track Number 150414</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Psychology</td>
</tr>
<tr>
<td>Pain Management</td>
</tr>
</tbody>
</table>

This means that if you match with us on the Neuropsychology or Trauma Recovery Center Tracks, you are guaranteed one major rotation in those specific areas. If you match on the Health Track you may choose either the Health Psychology or the Pain Management rotations, and if you match on the General Clinical Track, you may choose one rotation from the rotations listed above. During orientation week, the second Major Rotation for each Intern will be determined in consultation with the training staff, and this rotation will be drawn from the remaining pool of available Major Rotations. The Minor Rotation and Long Term Outpatient Therapy supervisor will also be determined during orientation week.
There are a couple of things to keep in mind about the tracks. First, if you do not match on the Neuropsychology or Trauma Recovery Tracks, you will not have access to those rotations. If you do not match on the Health Track, you may have access to a Health or Pain Management rotation but this is not guaranteed. Also, applicants may apply to more than one track, but a single applicant cannot match with our internship on two separate tracks; so major rotation combinations such as the Trauma Recovery Center and Neuropsychology, or Health and Neuropsychology are not typically available.

Interns seeking a VA internship are often interested in receiving training in trauma treatment during their internship year. We can accommodate this through a number of major and minor rotations including the Cognitive Processing Therapy minor rotation which is open to multiple interns, and training in couples-based PTSD treatment.

**Rotation Assignment**

Our internship begins with a full week of orientation conducted by the Director of Training (DOT), the Associate Director of Training (ADOT), and the training staff. The internship is introduced to the interns through a series of meetings with our psychology supervisors who describe the training rotations that are available within each of their programs, as well as their own supervision styles and clinical practice backgrounds.

By matching the training opportunities of the internship with interns’ training goals, rotation preferences, and needs, the training staff develops each intern’s individualized rotation placements. Since this process is collaborative, we do not establish pre-selected sets of rotations prior to orientation week.

Intern requests for combinations of rotations that are narrowly focused (e.g. two major rotations in assessment, or two major rotations in Substance Use Disorder treatment) are typically discouraged. However, all rotation requests are considered and evaluated by the training committee in light of the internship’s training model and values.
Training Experiences

The following rotations and long term supervisors are available to interns, though not typically in all possible combinations:

<table>
<thead>
<tr>
<th>Major Rotations</th>
<th>Minor Rotations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Psychiatry</td>
<td>Acute Psychiatry</td>
</tr>
<tr>
<td>Community Mental Health (Clermont CBOC)</td>
<td>Cognitive Processing Therapy</td>
</tr>
<tr>
<td>Domiciliary</td>
<td>Community Mental Health (Clermont CBOC)</td>
</tr>
<tr>
<td>Health Psychology</td>
<td>Motivational Interviewing</td>
</tr>
<tr>
<td>Mental Health Clinic</td>
<td>Neuropsychology</td>
</tr>
<tr>
<td>Neuropsychology</td>
<td>PTSD research</td>
</tr>
<tr>
<td>Pain Management</td>
<td></td>
</tr>
<tr>
<td>Substance Use Disorder (SUD)</td>
<td></td>
</tr>
<tr>
<td>SUD/PTSD Treatment</td>
<td></td>
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<tr>
<td>SUD Residential Rehabilitation Treatment Program</td>
<td></td>
</tr>
<tr>
<td>SUD Outpatient Treatment Program</td>
<td></td>
</tr>
<tr>
<td>Trauma Recovery Center</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Long Term Therapy Supervisors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Boehner</td>
</tr>
<tr>
<td>Dr. Colvin</td>
</tr>
<tr>
<td>Dr. Giannitelli</td>
</tr>
<tr>
<td>Dr. Peterson</td>
</tr>
<tr>
<td>Dr. Pukay-Martin</td>
</tr>
<tr>
<td>Dr. Steinberg</td>
</tr>
<tr>
<td>Dr. Sudbrack</td>
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<tr>
<td>Dr. Zinnbauer</td>
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</tbody>
</table>

Of note, self-disclosure may be required as part of some of these supervised experiences and Intern candidates are encouraged to ask for more specific guidelines regarding particular rotations.
General Clinical Track

This track is designed for interns who wish to develop broad expertise in the treatment of psychopathology, specific experience in one of the general track rotations, or for those who are unsure of whether they wish to pursue further specialization. The General Mental Health Track balances outpatient and inpatient/residential settings with emphasis placed on managing complex patients who frequently present with dual diagnoses and difficult psychosocial circumstances. This track offers experiences assessing and treating the full range of mental health problems encountered at the VA including depression, anxiety, PTSD, psychosis and personality disorders. Identification and treatment of substance use disorders are emphasized and there are frequent opportunities to work with medically complicated patients. Training provides interns the opportunity to incorporate the use of evidence-based practices in daily work. Thus, interns may expect to have some cases for which they use manualized treatments as well as others for which their patients’ issues require additional flexibility and creativity. Use of evidence-based practice in the face of non-compliance, chronicity, and previous treatment failure is explored. Many of the General Track rotations offer training in therapeutic process including interpersonal process in individual therapy, group process and milieu based interventions. A wide range of therapies is utilized on these rotations including interpersonal psychotherapy, PE, CPT, MI/MET, ACT, DBT, Seeking Safety, cognitive-behavioral and group therapy.

The General Mental Health Track encompasses a wide array of major rotations (listed above) which are described in the Major Rotations section. Interns in this track will complete two of these major rotations. They will be guaranteed their first choice from among these options.

**Supervisors: listed by rotation in the next brochure section**

Neuropsychology Track

The Neuropsychology track, which consists of both major and minor rotations, is designed for applicants who are planning on careers in the field of clinical neuropsychology and who have prior training and practical experience in this field. As such, applicants who intend to pursue postdoctoral training in neuropsychology are most desirable. Interns will gain experience with both outpatients and inpatients addressing consults from Primary Care, Neurology, Geriatric Psychiatry, Psychiatry/Mental Health and numerous specialty clinics from throughout the facility. There will be opportunities to work with patients at the main campus in Cincinnati as well as at our Fort Thomas, Kentucky facility and Community-Based Outpatient Clinics (CBOCs).
Our intensive training experience is designed to conform to the guidelines recommended by the Houston Conference and the Neuropsychology Division 40 Task Force. Please refer to the Major Rotation section for additional information about the Neuropsychology rotation. **Supervisors:** Drs. Harper, Houston, Kelkar and Rigrish.

**Trauma Recovery Center Track**

The Trauma Recovery Center track is designed for applicants seeking a career in trauma psychology. Thus, this track is best suited for applicants who intend to pursue postdoctoral training or employment in the field of trauma psychology. The Trauma Recovery Center places heavy emphasis on empirically-supported assessment and treatment of PTSD. Empirically-supported psychotherapies for PTSD follow a cognitive-behavioral orientation. Therefore, this track is best tailored for applicants with a cognitive-behavioral theoretical orientation and who are interested in advancing their experiences with empirically-supported assessment and treatment of Veterans with PTSD. As is described in detail under the Major Rotations section, interns on this track have the opportunity to simultaneously obtain experiences in both outpatient and residential PTSD treatment programs. **Supervisors:** Drs. Chard, Bailey, Fahey, Caldwell, Dickstein, Lewis, Mesa, Monroe, Pukay-Martin, and Weiss.

**Health Track**

The Health track is designed for applicants seeking a career in health psychology. Thus, this track is best suited for applicants who intend to pursue postdoctoral training or employment in the field of health psychology. The two major rotations in the Health track are Pain Management and Health Psychology. Each of these rotations is described in detail under the Major Rotations section.

The Health track offers experience providing outpatient behavioral health services to Veterans of all ages who suffer from a wide range of medical conditions. This includes assessment, consultation, and intervention with a diverse patient population whose psychological issues are associated with adjustment to various pain conditions and medical problems.

A central emphasis of this track is integrated care and collaboration with medical staff. The national VA Health Care system is increasingly focused on multidisciplinary and interprofessional team-based care. Therefore, working with health care providers from a
variety of disciplines and learning to seamlessly coordinate care is a key professional development skill for our interns.

A second emphasis of this track is the prevention and management of chronic diseases. Through an integrative approach to care, interns work with Veterans to manage chronic pain and medical conditions in order to maintain active and fulfilling lives. Understanding the relationship among psychological factors, behavioral patterns, and physical health and illness is stressed.

Interns matched to the Health track are guaranteed at least one of its major rotations: Pain Management or Health Psychology.

**Pain Management Supervisors:** Drs. Keane-Timberlake and Colvin

**Health Rotation Supervisors:** Drs. Sefferino, Nagel, and Meshot.
Interns are assigned two six-month rotations in clinical settings during the internship year. Interns spend approximately 24 hours per week on their major rotation assignments. Assessment experiences are embedded within every major rotation. **Please note that the only guaranteed access to major rotations in Neuropsychology, the Trauma Recovery Center, and Health/Pain Management is by matching on those respective tracks.**

**Acute Inpatient Psychiatric unit (7N)**

The acute psychiatry unit is an 18 bed inpatient unit. Veterans who are placed on this unit are usually dealing with symptoms of a Severe Mental Illness (most commonly Major Depressive Disorder, Bipolar Disorder, Schizoaffective Disorder, and PTSD). Also, we are increasingly seeing Veterans who are dealing with dementia as well as SMI symptoms. Patients struggling with substance use disorder issues are sometimes hospitalized as a first step in dealing with their illness. Opportunities for the psychology Intern include participation in multidisciplinary treatment teams and group psychotherapy. The Intern also provides psychological testing as a way to clarify diagnosis and assist with treatment planning. In addition, participating in or leading psycho-educational groups could be made available if the Intern is interested.

**Supervisor: Dr. Boehner.**
Clermont County Community Based Outpatient Clinic (CBOC)

Community Based Outpatient Clinics (CBOC) are clinics that offer primary care, mental health, and some specialty services to the Veterans in their own community. For many Veterans it is difficult to travel to the main hospital due to health issues, transportation problems, or job and family responsibilities. The CBOCs provide these Veterans with a more convenient location to receive the services. The Clermont County CBOC is located in the Eastgate area, a quickly growing region of Cincinnati with both rural and more urban districts. This CBOC is also the closest location for many Veterans from more remote locations. Currently the Clermont County CBOC is the largest CBOC under the Cincinnati VAMC system, serving more than 5,000 Veterans.

The training rotation at the Clermont CBOC provides a unique opportunity to work in an outpatient setting with clients with a wide range of issues and diagnoses. While the main hospital generally has specialty clinics for specific disorders, underlying issues, or war eras, the mental health providers at the CBOCs serve all the Veterans from the area needing treatment for mental health issues. This offers the Intern the possibility to get experience with many different disorders, several different modes of assessment and evidence based treatment including individual, group, and couples psychotherapy. The Intern will also be able to collaborate and consult with primary care and the other specialty services on a more immediate and personal level than what might be the case in a larger hospital. This rotation is also amenable to work with specific interests the Intern might have if, for example, an Intern would like more experience with a specific disorder. There is also the opportunity to take part in the smoking cessation program and to help with group and individual treatment of nicotine addiction. The major or minor rotation at the Clermont CBOC is perfect for interns seeking a varied and flexible training experience.

Supervisor: Dr. Monsson
Domiciliary Care for Homeless Veterans Program

Located in Ft. Thomas, Kentucky, the Domiciliary Care for Homeless Veterans Program is a 58-bed biopsychosocial rehabilitation setting designed to assist homeless Veterans in reintegrating into the community. Veterans typically stay in the Domiciliary for three to seven months and have access to mental health, medical, and vocational assistance. Target goals for most of our residents involve independent living, gainful employment, and the development of a long-term mental health and substance use recovery program.

Many of the Veterans in the Domiciliary community suffer from chronic substance use disorders and/or mental health issues. Accordingly, Intern training opportunities include providing individual and group therapy, addictions treatment, relapse prevention training, psycho-educational classes, program development, personality assessment, and participation in an interdisciplinary treatment team. Interns have the opportunity to receive training in several evidence-based approaches, including Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT skills), Mindfulness-Based Relapse Prevention (MBRP), and Motivational Interviewing/Motivational Enhancement Therapy (MI/MET). An emphasis on this rotation is for interns to adapt the clinical skills that they already possess to create effective interventions with this population.

If you are looking for a clinical challenge that draws upon creative problem solving, increases multicultural awareness, sharpens your clinical judgment, and emphasizes personal and professional authenticity, the Domiciliary is for you!

**Supervisors:** Drs. Teeters and Faulkner
Health Psychology (HP)

The Health Psychology (HP) rotation is divided into two programs: (1) Primary Care Mental Health Integration (PC-MHI) and (2) psychosocial evaluations for medical procedures. The Intern will spend the majority of his/her HP time (16 hours/week) working on the PC-MHI team and will spend the remaining time (8 hours/week) conducting psychosocial evaluations for medical procedures.

PC-MHI staff are part of the Patient-Aligned Care Team (PACT) in the Primary Care Clinic (PC Clinic and the Women's Health Center (WHC) and, through collaboration with other PACT team members, provide integrated care to patients. Other PACT team members include physicians, physician assistants (PAs), nurse practitioners (NPs), registered nurses (RNs), licensed practice nurses (LPNs), pharmacists, nutritionists, social workers, and program support assistants.

With the consent of the patient, members of the patient’s PACT team can make a referral to the PC-MHI program. Referrals are primarily conducted via a “warm handoff,” which involves a PACT member introducing a patient to a PC-MHI provider. Appropriate referrals include presenting problems such as adjustment difficulties, depressive and anxiety symptoms, pain, alcohol misuse, sleep problems, grief, and noncompliance with treatment for chronic medical problems. PACT members can also refer a high-risk or more complicated patient (e.g., a patient with psychotic or manic symptoms) to a PC-MHI provider for further evaluation and recommendations. Patients who are followed in PC-MHI will receive goal-focused brief therapy. Patients not appropriate for brief interventions are generally not followed in the PC-MHI program and are usually referred to a VA specialty mental health clinic (e.g., Trauma Recovery Center, Outpatient Mental Health Clinic, Substance Use Disorders Treatment Program).

The PC-MHI team in the PC Clinic and the WHC consists of two part-time psychiatrists, three psychologists, a nurse practitioner, a clinical social worker, and a program support assistant. Additional PC-MHI team members are located in the Post 9/11 Clinic and in several CBOCs. The Intern will be an integral part of the PC-MHI team in the PC Clinic (and possibly in the WHC) at the main hospital and will be given the opportunity to collaborate with PACT team members to provide integrative care to patients. This will include providing Cognitive Behavioral Therapy for Insomnia (CBT-I) in both group and individual modalities. The Intern will also be given the opportunity to participate in staff meetings and in program development.

In addition, as part of the HP rotation, the Intern will complete psychosocial evaluations for medical procedures, primarily for organ (liver, kidney) and bone marrow transplant surgeries and occasionally for bariatric and heart-related surgeries. The Intern will serve as a consultant to referring medical staff by completing comprehensive assessments and writing reports that integrate information about family support, substance use, mental health conditions, medical compliance, and cognitive abilities.

**Supervisors:** Drs. Sefferino, Nagel, and Meshot
Mental Health Clinic

The Mental Health Clinic offers interdisciplinary team-based care to Veterans of all eras with a wide range of psychiatric disorders (e.g., mood disorders, anxiety disorders, PTSD, personality disorders, psychotic disorders, substance use disorders). The Mental Health Clinic currently has two Behavioral Health Interdisciplinary Team Program (BHIP) teams comprised of psychologists, psychiatrists, social workers, nurse practitioners, advanced practice nurses, registered nurses, and support staff. Together, these teams collaborate to provide care to thousands of Veterans on an outpatient basis. Psychology interns are invited to participate in many aspects of clinical care provision in the Mental Health Clinic, and opportunities can be tailored to individual interns’ interests and training needs. Possible training opportunities for psychology interns in the Mental Health Clinic include: sharpening differential diagnostic skills, refining formal assessment skills, providing umbrella/peer supervision to practicum students, learning and delivering evidence-based psychotherapies (e.g., Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Motivational Enhancement Therapy, Prolonged Exposure Therapy, Skills Training in Affective and Interpersonal Regulation), and participating in interdisciplinary treatment team meetings. A training rotation in the Mental Health Clinic is optimal for interns wishing to learn and use evidence-based psychotherapies for a wide variety of mental health concerns in a diverse Veteran population.

Supervisor: Dr. Volz
Neuropsychology

The Neuropsychology rotation provides Interns with the opportunity to conduct comprehensive neuropsychological evaluations on a wide range of patient populations, including those with neurological, geriatric, psychiatric and general medical conditions. The rotation is devoted to training in neuropsychological assessment including administration and scoring of a wide variety of tests, interpreting test performance, honing case conceptualization skills, providing patient/family feedback and report writing. Approximately 20 - 25 patients are evaluated each week in the Neuropsychology clinic and Interns typically write 2-3 reports per week during their Major rotation (one report per week during the Minor rotation). Neuropsychological assessment training will occur in several clinical contexts, including:

<table>
<thead>
<tr>
<th>Neuropsychology Clinic</th>
<th>Addressing consults to the Neuropsychology Clinic from throughout the medical center including outpatient Neurology, Psychiatry, Geriatrics and Primary Care, and Inpatient Medicine and Psychiatry units.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residential PTSD/TBI Program</td>
<td>Neuropsychological assessment of Veterans from across the country who are participating in residential treatment for PTSD/TBI program.</td>
</tr>
<tr>
<td>TBI/Polytrauma Clinic</td>
<td>Neuropsychological evaluation of primarily Post 9/11 Veterans with a history of TBI and other trauma exposure. Opportunity to participate in weekly interdisciplinary treatment team meetings.</td>
</tr>
<tr>
<td>Geriatric Evaluation Center</td>
<td>Brief neuropsychological assessment of geriatric veterans that occurs as part of an interdisciplinary care clinic involving staff from geriatric medicine, geriatric psychiatry, neuropsychology, pharmacy, physical and occupational therapy, social work and nutrition. The team collaborates to develop comprehensive treatment plans for veterans with complex care needs.</td>
</tr>
</tbody>
</table>

In addition to clinical assessment, Interns on the Neuropsychology Track will lead a cognitive rehabilitation group for Veterans in the Men’s Residential PTSD treatment program.

Instructive training is also a major component of this rotation as Interns and graduate students participate in a weekly Neuropsychology didactic that spans the entire Internship year. In addition, neuropsychology Interns have the opportunity to participate in other didactic experiences including:

- Neurology Rounds (University of Cincinnati Medical Center)
- Geriatric Psychiatry Seminar (University of Cincinnati Medical Center)
- Geriatric Psychiatry Case Conference (CVAMC)
- Psychiatry Journal Club (CVAMC)

Interns work closely with each of our four neuropsychology supervisors to learn varied methods for evaluating and assessing patients, and in the process, develop and master their own evaluation and
consultative skills. Typically, a flexible approach to assessment is employed to both quantify and qualify behavior/cognition. Individual supervision is provided on every case seen in our clinics. In addition to our staff neuropsychologists, the neuropsychology team includes our Interns and 1-2 doctoral practicum students, as well as Geriatric Medicine fellows, Geriatric Psychiatry fellows, and Psychiatry and Neurology residents.

**Supervisors:** Drs. Harper, Houston, Kelkar and Rigrish.
Pain Management Services

Interns participating in the Pain Management rotation will provide clinical services to Veterans with complex chronic pain and comorbid mental health conditions. Interns will become familiar with the VHA Stepped Care Model of chronic pain rehabilitation and will provide clinical services across the continuum of care. Interns will learn to conceptualize and treat chronic pain from both an ACT and a CBT perspective. Incorporated into the rotation will be education about common pain-related diagnoses and medications, as well as complementary and alternative medicine offerings—traditional and Battlefield acupuncture, chiropractic care, yoga, and hypnosis. A day in the life of a Pain Management Intern will involve conducting solo and interdisciplinary team-based evaluations (with physical therapists, physicians, nurses, pharmacists, chiropractors and psychiatrists), teaching Veterans about the principles of pain self-management in individual and group settings, and consulting with clinic staff to manage a caseload of patients.

Supervisors: Drs. Keane-Timberlake and Colvin
Substance Use Disorder/PTSD Services of the Substance Use Disorders Programs

The Substance Use Disorder/Posttraumatic Stress Disorder (SUD/PTSD) Program is designed to address the specific needs of male and female Veterans dually diagnosed with Posttraumatic Stress Disorder and Substance Use Disorders. The program treats Veterans with a range of traumas including combat, military sexual abuse, and childhood abuse. Both disorders are treated concurrently with substance use being addressed with either a harm minimization or abstinence based model.

Veterans may enter groups based on Lisa Najavits’ Seeking Safety model. These groups meet one to two times per week, and give Veterans the opportunity to learn how to cope with their SUD and PTSD symptoms. Motivational Interviewing, Motivational Enhancement Therapy, trauma focused therapy (Cognitive Processing Therapy or Prolonged Exposure), along with relapse prevention, are also offered by the program. SUD/PTSD is a small cohesive team whose members value the contributions made by interns. The team including two psychologists, a psychiatrist and a social worker.

Interns are integrated into this team and participate in all treatment team meetings and functions. Interns complete interview and psychometric assessments, serve as co-therapists in groups and have the opportunity to learn several types of therapy. In addition to trauma focused therapies, interns receive systematic feedback on their Motivational Interviewing. Interns conduct Motivational Interviewing sessions with patients admitted for medical detoxification after heavy alcohol use. These sessions are then coded by Dr. Steinberg using the Motivational Interviewing Treatment Integrity (MITI) Scale and interns are given feedback to facilitate skill development.

**Supervisors**: Drs. Murray and Steinberg.
Substance Use Disorder Residential Rehabilitation Treatment Program

The SUD Residential Rehabilitation Treatment Program is a 17-bed facility for Veterans whose primary presenting diagnosis is Substance Use Disorder. The average length of stay is approximately 21 days with 250 admissions per year. Veterans frequently present with a number of complicating factors, including comorbid psychiatric diagnoses, serious psychosocial stressors (e.g., homelessness, legal issues, relational discord), and co-occurring physical conditions (e.g., poor overall health, cognitive problems, substance-related medical conditions). Treatment occurs in a collaborative, interdisciplinary setting, in which physicians, psychologists, pharmacists, social workers, nurses, and addiction therapists work together to provide a holistic approach to care.

The SUD Residential Rehabilitation Treatment Program has the capacity to accommodate two Intern positions during each six-month period. Throughout that time, interns serve as an integral part of the multidisciplinary team and treatment process for Veterans participating in the program. Interns are responsible for co-leading/leading four psychotherapy groups per 28 week, working individually with Veterans for time-limited therapy, meeting for individual and group supervision, attending daily treatment team meetings, and participating in various didactics. The primary focus of Intern training is group therapy, which is taught through an apprenticeship model in which interns function as co-therapists. The program offers training in a variety of group psychotherapy models; namely Dialectical Behavioral Therapy (DBT) and interpersonal process. Other evidence-based treatment approaches are taught as part of the rotation including Motivational Interviewing. An emphasis is also placed on learning basic counseling skills that are generalizable to working in any clinical context, as well as on flexible implementation of treatment modalities to comport with the unique needs of a given individual or group. Finally, interns have the opportunity to conduct program evaluation projects.

**Supervisors:** Drs. Bolte, Gore, and Hemmy Asamsama
Substance Use Disorder Outpatient Treatment Program

The SUDEP outpatient clinic provides services to Veterans with substance use and addictive disorders. SUDEP sees a diverse range of Veterans in terms of substances used, severity, and comorbid mental health problems. This rotation requires an intern to be flexible in approach and technique in accordance with Veterans’ goals (e.g., abstinence vs. harm reduction). SUDEP interns have the opportunity to participate in individual psychotherapy, DBT-informed skills training groups, psychological testing, and psychosocial assessments. Interns are also encouraged to develop their own group if desired. Additionally, the SUDEP rotation offers training in Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT) skills, Mindfulness-Based Relapse Prevention, and Motivational Interviewing/Motivational Enhancement Therapy (MI/MET). SUDEP interns attend weekly team meetings where they have the opportunity to consult with other SUDEP team members. This rotation is ideal for interns who desire experience with a wide breadth of substance use disorders and severities and who wish to develop and strengthen core clinical skills that can be applied to any population.

Supervisor: Nikki Winchester
Trauma Recovery Center

The Trauma Recovery Center provides evaluation and treatment to Veterans who have experienced all types of trauma. These services are offered on an outpatient basis, as well as within one of three structured seven week residential programs (men’s, women’s, PTSD/TBI). The program is open to all Veterans, regardless of service era or gender. Although many of the Veterans have combat-related PTSD, a significant number of Veterans treated in the Trauma Recovery Center also exhibit PTSD related to non-combat traumas (e.g., childhood abuse, sexual violence, accidents). Specialized services for women and men with military sexual trauma are also available. The program uses various forms of evidence-based, cognitive-behavioral interventions to help Veterans reduce their symptoms of PTSD and related disorders. These interventions can include Cognitive Processing Therapy, Prolonged Exposure, Present Centered Therapy, and Cognitive-Behavioral Conjoint Therapy for PTSD. Through these various treatments, Veterans are given an opportunity to identify, and begin processing, pivotal traumatic experiences and to place these experiences within a broader life context.

Interns become a part of the residential and/or the outpatient treatment program where they will join a multidisciplinary team providing services to Veterans with various types of trauma histories, including combat and sexual traumas. Their work includes assessment as well as individual and group therapy. Group therapy experiences include serving as a co-therapist in trauma/exposure work, anger management and cognitive-behavioral groups. Psychological evaluation experiences include both general psychometric tests, as well as more specific instruments targeting PTSD symptoms. Interns learn skills that generalize to a variety of trauma populations. Emphasis is placed on treating PTSD symptoms and co-morbid conditions such as personality issues, substance use issues, limited social support, and other obstacles to recovery.

The Trauma Recovery Center also offers research experiences to interns either as part of their major rotation or as a separate minor rotation (see description in next section). The Division is very active in treatment outcome research, grant writing, and article writing. Interns have the opportunity to be involved at all levels, including mentorship in how to run a research study, how to write a grant, and how to submit an article for publication. In addition, the division has a sizeable database of information on Veterans' treatment that is available to interns interested in writing articles or submitting to national conferences. Recent projects that interns were involved in were grant submissions to NIMH and VA on using Cognitive Processing Therapy (CPT) to treat Veterans who served in Iraq and their families, and comparing CPT to Present-Centered Therapy (PCT) among OIF/OEF/OND combat Veterans. Our placement rate for those interns who elect to pursue post-doctoral fellowships in PTSD is currently 100%.

**Supervisors:** Drs. Chard, Bailey, Fahey, Caldwell, Dickstein, Lewis, Mesa, Monroe, Pukay-Martin, and Weiss.
Each Intern will complete a minor rotation that lasts the entire year. Minor rotations are eight hours per week, which includes one hour of supervision with a licensed psychologist. This rotation is intended to supplement the major rotations by giving the opportunity either to connect with a staff member with whom they would not otherwise have an opportunity to work, to learn a unique skills or treatment approach, or to work with a specific Veteran population. Consistent with the emphasis within the internship on training psychologists who are well-rounded, the minor rotation is also often used to fill gaps in previous training.

Minor rotations can serve as scaled-down versions of some major rotations, but certain major rotations are not available as minor rotations such as Health psychology, Pain Management, and SUD Residential Rehabilitation. Some training experiences only exist as minor rotations such as the Psychiatric Evaluation Center.

It is also possible that the minor rotation can be used to develop a unique training experience for the Intern. We have worked with past interns to develop novel training experiences to meet their particular training needs or interests. Examples of this have been past rotations in mindfulness, sleep disorders, geropsychology, and spirituality.

While the major focus of this internship program is the acquisition and development of clinical skills, students with a strong clinical background may choose research as a minor rotation. Working with a staff psychologist, the Intern would develop, carry out and analyze results for a specific research project. At the end of the year, the work product would be a publication-quality summary of the research effort.
Acute Inpatient Psychiatric unit (7N)

Please see description above in the section titled Major Rotation Opportunities.

Clermont County Community Based Outpatient Clinic

Please see description above in the section titled Major Rotation Opportunities.

Cognitive Processing Therapy (CPT)

Cognitive Processing Therapy is one of two evidence-based treatments recommended by VA/DoD for treatment of Posttraumatic Stress Disorder. Within the Trauma Recovery Center (TRC) at the Ft. Thomas Division of Cincinnati VAMC, interns will have the opportunity to attend a three day training and to implement CPT under the supervision of VISN 10 Regional CPT Trainers. Once all requirements are met, interns will qualify for national provider status.

Within this rotation interns are provided one hour of group supervision and one hour of telephone Consultation for CPT. In addition, interns will have the opportunity to work with up to four patients per week utilizing CPT. As scheduling permits, students will also have the opportunity to observe diagnostic assessments within the TRC and to meet with TRC Staff during CPT Group Supervision where they can hear firsthand, seasoned CPT providers discussing complex cases. This rotation is optimal for interns who may want to have some experience and training in the treatment of PTSD without completing the PTSD Major Rotation.

**Supervisor:** Drs. Lewis and Monroe

Motivational Interviewing and Motivational Enhancement Therapy

Interns in this Minor Rotation will practice and perfect their skills in Motivational Interviewing/Motivational Enhancement Therapy (MI/MET) through work with Veterans in SUDEP clinics. Given the challenges facing Veterans with substance use disorders and other mental health conditions, motivation for change and for sustained recovery efforts can vary. Interns have the opportunity to assist Veterans who are in the process of changing their lives through a collaborative relationship that seeks to enhance the Veteran’s internal motivation for change. Interns receive systematic feedback on their motivational interviewing skills via the Motivational Interviewing Treatment Integrity (MITI) Scale to facilitate skill development.

**Supervisor:** Dr. Winchester
Neuropsychology

Please see description above in the section titled Major Rotation Opportunities.

Trauma Recovery Center Research

Trauma Recovery Center staff are actively involved in ongoing applied clinical research. As part of the research minor rotation, interns would have the opportunity to utilize the clinic’s large-scale database of nearly 3,000 patients who have participated in either the outpatient or residential Trauma Recovery Center treatment programs. These data are collected as part of routine clinical care through the Trauma Recovery Center and include structured clinical interview data (e.g., CAPS-5, SCID-5), primary self-report outcome measures (e.g., PCL-5, PHQ-9, BDI-II), secondary self-report measures (e.g., measures of coping, trauma-related cognitions, etc.), and information gathered from clinical chart review (e.g., session attendance and therapy session content, demographic information, etc.). The datasets provide opportunities for interns to gain experience in effectiveness and quality improvement research. In addition, Trauma Recovery Center staff are actively involved in funded efficacy research, and interns would have opportunities to learn about grant-writing and administration. Finally, this rotation provides opportunities for interns to co-author manuscripts as well as take lead authorship on scientific manuscripts.

Supervisors: Drs. Chard, Dickstein, Mesa, and Pukay-Martin
Assessment

To promote the refinement and continued development of assessment skills, interns are asked to demonstrate proficiency in five areas of assessment over the course of their training year. These areas of competency include: (1) cognitive screening; (2) personality assessment; (3) clinical interviewing/differential diagnosis; (4) self-report questionnaires/repeated measures; and (5) conceptualization. Specifically, trainees are supervised in their use of brief neuropsychological measures (e.g., RBANS, CVLT-II), objective personality tests (e.g., MMPI-2-RF, PAI), clinical interviews (e.g., SCID-5, ADIS-5), and longitudinal indices of treatment outcome, with emphasis on self-report questionnaires. Moreover, interns are evaluated on their ability to synthesize assessment results and use obtained information to guide case conceptualization and treatment.

Outpatient Psychotherapy

Each Intern carries three long-term psychotherapy cases throughout the internship year. On the basis of their interests and skill-development needs, interns may select individual, marital or family cases. Supervision is provided to interns on a regular weekly basis by their assigned staff psychologists. Audio- and videotaping of sessions are available and encouraged for supervision purposes.
Professional Conference

Professional Conference meets weekly for one hour. It is designed to meet the interests and growth needs of the professional Psychology staff and interns. The Cincinnati VA Psychology Training Program is an approved provider of Mandatory Continuing Education credits for licensed psychologists by the Ohio Board of Psychology. Several of the professional conferences are specialized programs designed for MCE credits. Our psychology staff members regularly present at these conferences, and each Intern presents a clinical case during the training year. The most recent version of the professional conference schedule can be found in Appendix B.

Intern Seminar

This weekly, 90 minute seminar is attended by interns only. Some topics include information specific to our VA hospital and the Veterans' population, while others focus on issues of specific interest requested by the Intern class. Seminars may be one-time presentations or span as long as four weeks. Seminar leaders have included both VA hospital staff members and consultants from the community. Aspects of human diversity, including race, gender, ethnicity, sexual orientation, age, physical illness and disability are covered in seminars throughout the year. The most recent version of the Intern seminar schedule can be found in Appendix C.

Training in Empirically Supported Treatments and Evidence-Based Practices

The following are a list of trainings in ESTs and EBPs available in the internship. Access to some of them is dependent on supervisor and rotation assignment:

Acceptance and Commitment Therapy
Behavioral Couples Therapy for substance use disorders
Behavioral Family Therapy
Cognitive Behavioral Conjoint Therapy
Cognitive Behavioral Conjoint Therapy for PTSD
Cognitive Behavioral Therapy for Insomnia
Cognitive Behavioral Therapy for Social Anxiety
Motivational Interviewing Training

Motivational Interviewing is a therapeutic modality designed to assist individuals to identify and strengthen their own motivation to make behavioral changes. It is among the most studied of psychological interventions with over 250 controlled studies, and has been used to help people make changes in substance use, smoking, diet, and other health behaviors.

All psychology Interns attend a two-day introductory workshop at the beginning of the training year that teaches the spirit and skills necessary to conduct Motivational Interviewing. However, dissemination research has found that such workshops are insufficient for most people to achieve competence in utilizing this therapy. Thus an optional 12 week interdisciplinary seminar is offered in which trainees in psychology, clinical pharmacy and addiction psychiatry build on the skills taught in the workshop. The essential feature of the workshop is recording Motivational Therapy sessions which are then coded using the Motivational Interviewing Treatment Integrity (MITI) Scale. This scale provides a systematic way of providing feedback to improve skills. In addition, seminar members are able to listen and learn from others’ recorded sessions in a learning community. Dr. Steinberg leads the seminar and overseas the workshop training which is taught by several staff including Shari Altum, Ph.D. and Teri Bolte, Ph.D.
Each week, interns have one protected hour to meet as the Intern class. This allows interns to maintain consistent contact with one another as a cohort as interns may have limited contact aside from didactic trainings depending on rotation placement and schedule. As a program, we encourage each incoming Intern class to use this protected time as a source of peer support and resource for navigating this year of training and preparation for future career plans. Past cohorts have reported that Intern Hour was a key aspect of acclimating to internship and promoting continual self-care.
Our interns have been successful in securing an impressive array of positions following their internship year. A sampling of recent Postdoctoral Fellowships include:

- National Center for PTSD – Boston
- OAA Research Fellowship – Central Texas Center of Excellence for Returning Veterans
- Denver Mental Illness Research Education and Clinical Center (MIRECC),
- VA Boston Health Care System
- University of Michigan Medical Center
- The VA National Center for Organizational Development
- Women's Health Fellowship, Milwaukee VA Medical Center
- Harry S. Truman VA Medical Center in Columbia, Missouri - PTSD/TBI Fellowship
- NIH-Sponsored Postdoctoral Research Fellowship at the University of California, San Diego, Division of Geriatric Psychiatry
- Cleveland Clinic Foundation Chronic Pain Treatment Program
- Northwestern University in Neuropsychology
- Medical College of Wisconsin, Milwaukee, in Neuropsychology
- The Geissinger Clinic, Danville, PA in Neuropsychology
- The Drake Center for Rehabilitation, Cincinnati, OH, in Neuropsychology
- The Rehabilitation Institute of Chicago
- Brown University Medical School in Neuropsychology

Others interns have gone on to forensic positions in the federal prison system as well as clinical positions at both community mental health centers and private practices. Our graduates also serve on the faculties of the Ohio State University, University of Dayton, Miami University of Ohio, University of Tennessee, Radford University, and the University of Kentucky. The Veterans Administration is invested in retaining top talent, and positions within the VA are also possibilities for graduating interns. Recent graduates from our internship are currently working at VA Medical Centers in Indianapolis, San Diego, Huntington, Lexington, American Lake, and here in Cincinnati. In fact, half of our own psychology staff at the Cincinnati VAMC are former interns and practicum students.
Applying to the Internship

Internship Year & Stipend

The internship year begins July 20, 2020 and ends July 16, 2021. The training stipend is $27,186. Interns receive 10 paid federal holidays and 13 days of leave for vacation and/or professional development. State and federal income tax and FICA (Social Security) are withheld from interns’ checks. The United States government covers interns for malpractice under the Federal Liability Reform Tort Act.

Eligibility Requirements

Applications for the doctoral internship program in health service psychology are welcome from students who have met the following requirements at the time of application:

- Three years of graduate study, completion of comprehensive exams, and acceptance as a doctoral candidate into an APA-or CPA accredited graduate program in Clinical or Counseling Psychology. Persons with a doctorate in another area of psychology who meet the APA criteria for respecialization training in Clinical or Counseling Psychology are also eligible.

- Approval for internship status by graduate program training director

- Completion of a minimum of 300 AAPI Intervention Hours.

- Completion of a minimum of 150 adult psychotherapy hours (individual, couples, or group).

- Dissertation proposal approved by beginning of internship.

- Completion of online APPIC application procedure.

- U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns must complete a Certification of Citizenship in the United States prior to beginning VA training.
Federal law requires that most males living in the US between the ages of 18 and 26 register with the Selective Service System. Male, for this purpose, is any individual born male on their birth certificate regardless of current gender. Males required to register, but who failed to do so by their 26th birthday, are barred from any position in any Executive Agency. Visit https://www.sss.gov to register, print proof of registration or apply for a Status Information Letter.

Interns are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens. Please review link to security requirements for federal employees.

VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees. Ongoing participation in the internship is contingent on passing these screens.

As an equal opportunity training program, we believe that diversity among departmental members strengthens our staff, stimulates creativity, promotes the exchange of ideas, and allows us to provide more sensitive and effective patient care. We welcome diversity in our Internship class, and we warmly encourage minorities and persons of diverse backgrounds of all types to apply.

We seek applicants who have a sound clinical and scientific knowledge base from their academic program, strong basic skills in standard assessment, psychotherapy, and research techniques, and the personal characteristics necessary to function well in our internship setting. Our selection criteria are based on a “goodness-of-fit” with our training opportunities. We prefer to build an Intern class that comes from many different kinds of programs and theoretical orientations, from different geographical areas, of different ages, of different cultural backgrounds, and with different life experiences.

Very strong candidates for our internship would be those who have achieved one or more of the following in their graduate school and practicum experiences:

- Intervention: 500 intervention hours accrued in quality settings with populations consistent with our site (e.g., military personnel or Veterans, hospitals, adults, severe psychopathology), and experience with at least one empirically supported treatment.
• Assessment: 150 assessment hours, at least 5 integrated reports, and good experience with diagnostic interviewing and utilizing sound personality and cognitive assessment instruments.

• Scholarship: Research productivity as evidenced by one or more first author publications in a quality peer-reviewed journal or several peer-reviewed publications for which the applicant is a contributing author.

• Diversity: Demonstrable pattern of valuing of diversity through prior work with diverse clients and strong articulation of a sensitivity to and/or awareness of diversity considerations in their applications and interviews.

* It is also important to recognize that specific prior experience is particularly relevant when applying to our Trauma Recovery Center, Health, and Neuropsychology tracks. Strong applicants for Neuropsychology will have accumulated advanced training and experience with a wide range of Neuropsychological instruments and neurobehavioral disorders. Strong Applicants for Health will have accumulated training and experience with health promotion, illness prevention, pain management, behavioral medicine, or related area of health psychology. Strong applicants for the Trauma Recovery Center will have prior experience with empirically supported treatments for PTSD, treatment experience with military-related PTSD, and research productivity related to PTSD.

**Application Procedure**

Applications must be received no later than November 1, 2019 and must be completed online. Applications must include:

• A completed online AAPI and online verification by your Director of Clinical Training

• Three letters of recommendation

• A current Curriculum Vitae

• An official transcript of all graduate work

• **A clear list of Track Preference(s) and Rotation Preferences at the top of your cover letter:** General Clinical, Neuropsychology, Trauma Recovery Center, or Health. You may apply to more than one track. We assume that if you list the Neuropsychology or
Trauma Recover Center tracks that you are interested in those corresponding major rotations. If you are interested in the Health or General Clinical tracks please indicate your top choice of rotation within those tracks. You cannot match to our internship on more than one track, but you may indicate interest in more than one track in your application and may rank more than one track in the APPIC Match.

Your list of track and rotation preferences is used for the purpose of scheduling interviews - you may change your track and rotation preferences at any time prior to submitting your rank lists.

After listing your track preferences, please also list 3 or 4 major and minor rotations of potential interest to you. A sample format for this would be

**Track Preference:** Health Track: Pain Management rotation  
**Additional Rotations:** SUD/PTSD, CPT minor rotation, TCMU Clinic

The psychology training committee will review all completed applications. This committee includes the Director of Training, the Associate Director of Training, psychology staff, and current interns. Applicants may seek consideration for any or all training tracks. Those not meeting the eligibility requirements will be notified as soon as possible.

Of the over 150-200 applications we typically receive in a given year, we typically offer onsite interviews to 75 candidates. We do not conduct phone interviews, even for reasons of travel difficulty or inclement weather. Our program, and the Cincinnati VA Medical Center as a whole, are committed to Affirmative Action and Equal Opportunity in Employment. Applicants are welcome to contact Dr. Zinnbauer with any questions.

**Visiting Our Site**

If you are invited to interview, you will be invited to participate in a half-day visit to our facility and you will be notified for which track(s) your application is being considered. Most of this visit will include interviews with staff members and present interns. These will take place from Noon - 4:30pm on the following days:

- Wednesday December 4, 2019  
- Monday December 9, 2019  
- Tuesday January 7, 2020  
- Tuesday January 14, 2020  
- Tuesday January 21, 2020
Applicants will be notified by email whether or not they will be invited to interview by December 1, 2019. *Again, we regret that we are unable to offer phone interviews or interviews on dates other than the five dates noted above.*

**Contact Information**

Brian Zinnbauer PhD, ABPP,  
Director of Training Cincinnati VAMC  
3200 Vine St.  
Cincinnati OH 45220  
Telephone: 513.861.3100 x4969   Email: brian.zinnbauer@va.gov

**Please Note**

This internship site abides by all APPIC policies, including the directive that no person at this training facility will solicit, accept, or use any ranking-related information from any Intern applicant prior to Uniform Notification Day.

This doctoral internship is accredited by the Commission on Accreditation of the American Psychological Association as a doctoral internship in health service psychology.

*Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 First St, NE Washington, DC 20002-4242  
Email: apaaccrcd@apa.org  
Phone: (202) 336-5979   TDD/TTY: (202) 336-6123  
Web: www.apa.org/ed/accreditation

It is important for us to let you know that, in accord with the Federal Drug-Free Workplace Program, interns accepted here may be asked to submit a urine specimen as part of their pre-employment physical. Other branches of the federal government may also conduct
routine background checks as an additional pre-employment requirement. Incorrect, incomplete or falsified information may be grounds for dismissal. By submitting an application for internship, you are agreeing to these conditions, as well as authorizing release of information. You are also agreeing to abide by all policies and procedures of a federal workplace, should you accept an internship position at the Cincinnati VA Medical Center.

**APPIC Match Numbers**

Our match numbers are:

- General Clinical - 150411
- Neuropsychology - 150412
- Trauma Recovery Center - 150413
- Health - 150414

Please note that if you do not match on the Neuropsychology or Trauma Recovery Tracks, you will not have access to those rotations. If you do not match on the Health Track, you may have access to a health or pain rotation but this is not guaranteed. Also, applicants may apply to more than one track, but a single applicant cannot match with our internship on two separate tracks; so major rotation combinations such as the Trauma Recovery Center and Neuropsychology, or Health and Neuropsychology are not typically available.

Interns seeking a VA internship are often interested in receiving training in trauma treatment during their internship year. We can accommodate this through a number of major and minor rotations including the Cognitive Processing Therapy minor rotation which is open to multiple interns.
The broad range of background, expertise, and experience represented in the staff at the Cincinnati VA is also reflected in the variety of clinical services delivered throughout the hospital. Staff who are actively involved in the training program are listed below.

**Gregory W. Bailey, Ph.D.**

*Loyola University Chicago, 2002*

*Staff Psychologist, Trauma Recovery Center*

*Lead Clinician, PTSD/TBI Residential Program*

Dr. Bailey is a staff psychologist in the Trauma Recovery Center. He works in the residential program for Veterans with PTSD and Traumatic Brain Injury and the outpatient PTSD program. Dr. Bailey provides individual, group, and couples-based therapy as well as diagnostic assessments. In addition to the cognitive-behavioral approach used in the residential PTSD/TBI program, Dr. Bailey has experience with interpersonal and family based approaches to psychotherapy. Dr. Bailey earned his Ph.D. from Loyola University in Chicago, Illinois. Before coming to the Cincinnati VA, Dr. Bailey worked for a non-profit organization recognized for research, training, and clinical service provision to children and families affected by prenatal substance exposure. His responsibilities included providing psychological services to high risk children, adolescents, young adults and their families.
Constance S. Boehner, Ph.D.

University of Cincinnati, 2002
Staff Psychologist, Inpatient Psychiatric Unit
LGBT Veteran Clinical Coordinator

Dr. Boehner provides diagnostic assessments, psycho-educational classes, social skills training and individual and group psychotherapy for Veterans on the acute psychiatric unit located in the VA Medical Center. The inpatient unit serves Veterans with mood disorders (including substance induced), thought disorders, personality disorders, and a variety of geriatric-psych difficulties. Dr. Boehner was trained in cognitive-behavioral approaches to symptom relief and also utilizes interpersonal strategies based on the individual needs of each client.

As part of the inpatient unit, Dr. Boehner works collaboratively with a multidisciplinary team and finds this most beneficial to Veteran’s recovery needs. Her clinical interests include trauma and anxiety disorders, SMI, personality disorders, and diversity issues. She is the LGBT Veteran Care Coordinator for the Cincinnati VA and is also active on the LGBT Task Force and Suicide Prevention Team within the hospital. Outside her efforts in the VA, she continues to provide presentations on military trauma and LGBT treatment issues to other mental health clinics and college classes in the Cincinnati area. In addition, Dr. Boehner has acted as a consultant in court cases of sexual assault, domestic violence, and child abuse.
Dr. Bolte is a psychologist and the Acting Director of the Substance Dependence Program (SUDEP). After completing her predoctoral internship at the Cincinnati VA in 2008 she became a staff member in SUDEP. She currently divides her time between administrative activities and outpatient clinical practice. She enjoys teaching and serves as a major rotation supervisor for doctoral interns, and participates in other aspects of the internship program. Along with Dr. Jonathan Steinberg she co-facilitates trainings in Motivational Interviewing for psychology interns, medical residents, and hospital staff. She has been trained in several evidence-based treatments, including Motivational Interviewing, Acceptance and Commitment Therapy, and Seeking Safety. She values and utilizes a broad range of treatment approaches, and believes in the importance of having strong foundational therapy skills that generalize to any clinical context. As a supervisor, she places emphasis on enhancing foundational counseling skills, increasing knowledge and utilization of empirically-based treatments (especially ACT and MI), flexible implementation of interventions based on individual client needs, and the professional development of the Intern.
Nicola K. Caldwell, Ph.D.

University of Pittsburgh, 2003
Associate Director, Trauma Recovery Center

Dr. Caldwell completed her Ph.D. at the University of Pittsburgh and her postdoctoral training with the United States Army where she served as an Active Duty officer at the rank of Captain providing a full range of psychological services for eligible military personnel and their dependents. She is a staff psychologist in the Trauma Recovery center, lead therapist for the men’s PTSD residential program, and the coordinator for all residential PTSD programs. Working primarily in the residential programs, Dr. Caldwell provides individual and group psychotherapy utilizing cognitive behavioral approaches within an integrated client-centered, humanistic and systems theoretical framework. She also conducts diagnostic assessments for both outpatient and residential programs. Dr. Caldwell provides supervision for interns in the areas of diagnostic assessment and individual and group psychotherapy. From a clinical and research perspective, she is interested in treatment outcomes, and exploring conduits to bridging the research to practice gap.
Kathleen M. Chard, Ph.D.

Indiana University, 1994
Director, Trauma Recovery Center
Associate Chief of Staff for Research

Dr. Chard is the Associate Chief of Staff for Research, Director of the Trauma Recovery Center and she is a Professor of Clinical Psychiatry and Behavioral Neuroscience at the University of Cincinnati. In her position she oversees the outpatient and residential treatment programs in the Trauma Recovery Center. Dr. Chard is also the Director the National VA CPT Dissemination Initiative designed to provide training and consultation in Cognitive Processing Therapy to clinicians throughout the VA system. Dr. Chard completed her Ph.D. at Indiana University and her postdoctoral training at the Center for Trauma Recovery in St. Louis, Missouri. Her prior positions were as an Associate Professor and the Director of the Center for Traumatic Stress Research at the University of Kentucky. Dr. Chard is the creator of Cognitive Processing Therapy for Sexual Abuse and she is co-author of the Cognitive Processing Therapy for PTSD: Comprehensive Manual. Dr. Chard’s research interests include examining the effectiveness of empirically supported, cognitive treatments for the treatment of Posttraumatic Stress Disorder, as well as the mediating effects of positive psychology variables on treatment outcome. She is currently Co-Chair of a 17-site study comparing CPT with Prolonged Exposure in Veterans of all eras. Dr. Chard is a past Associate Editor of the Journal of Traumatic Stress and a member of the ISTSS Board of Directors. She has over 50 peer reviewed manuscripts and numerous presentations related to PTSD and efficacy-based treatments.
Lyndsay G. Colvin, Psy.D.

Wright State University, 2016
Staff Psychologist, Pain Management Services

Dr. Colvin is currently a staff psychologist in the Pain Management Clinic. She graduated from Wright State University following completion of internship at the Cincinnati VA Medical Center in 2016. Directly following graduation Dr. Colvin joined the Cincinnati VAMC staff. Her primary role is working within the interdisciplinary team that serves Veterans learning to live life with chronic pain. She is also a member of the Amyotrophic Lateral Sclerosis (ALS) interdisciplinary team and has clinical interest in working with veteran who have had a spinal cord injury. She serves on the Diversity Training Committee and is passionate about discussing the way in which our many diversity variables impact the way in which we interact in the world. Dr. Colvin works from an integrative approach, blending conceptualization and treatment techniques from Acceptance and Commitment Therapy and Interpersonal Therapy. She is also trained in Cognitive Processing Therapy and Motivational Interviewing.
Benjamin D. Dickstein, Ph.D.

Boston University, 2013
Staff Psychologist, Trauma Recovery Center

Dr. Dickstein received his doctoral degree from Boston University in 2013 and was a member of the Cincinnati VAMC internship class during the 2012-2013 training year. During his time in graduate school, he received specialized training in PTSD assessment and intervention at the VA Boston Healthcare System and National Center for PTSD. He currently works in the outpatient and men’s residential treatment programs at the TRC. In addition, Dr. Dickstein is an active member of the TRC research team and Local Site Investigator for VA Cooperative Studies Project 591, a multi-site trial comparing the relative effectiveness of Prolonged Exposure and Cognitive Processing Therapy. His research interests include mechanisms of psychotherapy, treatment enhancement, and barriers to mental healthcare. He supervises interns completing a PTSD research minor.
Dr. Fahey is currently one of the lead clinicians in the women’s PTSD Residential program, a position she has held since joining the VA in 2008. She completed a doctoral internship and a postdoctoral fellowship at the University of Illinois Medical Center at Chicago (UIC), Department of Psychiatry, specializing in stress and anxiety disorders and cognitive behavior therapy. While at UIC she served as a certified cognitive therapist on the STAR*D treatment effectiveness study, a large, multi-site study sponsored by NIMH designed to assess the effectiveness of a variety of treatments for depression. During her fellowship year at UIC she also completed additional research training in The Brain-Body Center and provided cognitive-behavior therapy supervision to PGY-3 Psychiatry Residents. In her current position, Dr. Fahey conducts diagnostic assessments in both the residential and outpatient programs, and also provides individual and group treatment to Veterans with PTSD. Dr. Fahey provides clinical supervision for interns in the areas of diagnostic assessment, individual therapy, and group therapy. Her theoretical orientation is cognitive-behavioral.
Ryan Faulkner, Psy.D.

Wright State University, 2004  
Director, Domiciliary Care for Homeless Veterans  
Director, Veterans Justice Outreach

In his position as Director of the Domiciliary, Dr. Faulkner oversees the administrative and clinical functions of the Domiciliary, Veterans Therapeutic Work Program, and the Veterans Justice Outreach program. His clinical work is predominately focused on cognitive-behavioral approaches. His current clinical interests are in the areas of substance use disorders, co-morbid mental health conditions, and sociological factors contributing to homelessness. Dr. Faulkner also has considerable experience with PTSD, having served as the Associate Director of the Trauma Recovery Center from 2008-2012.

Prior to coming to the Cincinnati VAMC, Dr. Faulkner was employed with a community mental health agency where he served as the community and treatment liaison to the Northern Kentucky adolescent drug courts as part of a 3-year SAMHSA grant. As part of this position, Dr. Faulkner provided clinical and administrative oversight to the intensive outpatient treatment providers of 3 adolescent drug courts in the region, coordinated the development of appropriate process and outcome measures in order to evaluate the effectiveness of the treatment program, coordinated IOP treatment with the court system, local school districts, and various social service agencies, and developed and maintained community contacts in order to increase appropriate adolescent referrals and participation in drug courts and IOP treatment.
Janell Giannitelli, Psy.D.

Xavier University, 2004
Associate Director, Psychology Training Program
Staff Psychologist, Bellevue, KY Community Based Outpatient Clinic (CBOC)

Dr. Giannitelli works in one of the Cincinnati VA’s community based Outpatient clinics (CBOC). The clinic is located in Bellevue, Kentucky (which is across the river from downtown Cincinnati) and is designed to offer outpatient services to Veterans in a location closer to where they live. The clinic offers services in primary care, nurse triage and anticoagulation, lab work, psychology, psychiatry, social work, optometry, pharmacy, and nutrition. Dr. Giannitelli provides individual and group therapy, psychological assessment, and psychoeducational classes to Veterans with a wide range of presenting problems.

Her clinical approach is an integration of cognitive-behavioral and interpersonal process techniques. She adapts her approach to therapy based on the individual needs of each client. Dr. Giannitelli values multidisciplinary collaboration and strives to facilitate comprehensive care for her clients, especially clients dealing with health issues. She also enjoys taking part in the training program and supervising interns and practicum students. In her position as Associate Director of the Psychology Training Program, she assists with the development and management of the doctoral internship and clinical practicum training programs.
Whitney Gore, Ph.D.

University of Kentucky, 2016
Staff Psychologist, Substance Use Disorder Residential Rehabilitation Treatment Program (SARRTP)

Dr. Gore is a psychologist in the SUD Residential Rehabilitation Treatment Program. She has been a member of the professional staff since March 2017, completed her doctoral internship at the Cincinnati VA and was a postdoctoral fellow in the Cincinnati VA fellowship: Trauma Treatment and the Mental Health Care of Homeless Veterans. Her responsibilities in the SARRTP program include providing group and individual psychotherapy to residential clients and participation in the multidisciplinary treatment team. She enjoys supervising interns completing a major rotation on SARRTP. She has been trained in several evidence-based treatments, including Motivational Interviewing/Motivational Enhancement Therapy, Dialectical Behavior Therapy, and Cognitive-Processing Therapy. She values and utilizes a broad range of treatment approaches and believes in the importance of principle-driven treatment. As a supervisor, she places emphasis on the therapy relationship, integrating the spirit of MI into various treatment approaches, increasing knowledge and utilization of empirically-based treatments, using a client-centered approach, and professional development in a team-based setting.
Kaja Telmet Harper, Ph.D.

Wayne State University, 2012
Staff Psychologist, Neuropsychology

Dr. Harper is a clinical neuropsychologist who graduated with her doctorate in Clinical Psychology from Wayne State University after completing her internship here at the Cincinnati VA Medical Center. She completed her APPCN postdoctoral fellowship at the Rehabilitation Institute of Michigan in Detroit. She is involved in the training of graduate students and doctoral interns on the Neuropsychology Rotation. She completes outpatient neuropsychological evaluations at the Behavioral Health and Wellness Center in Norwood as well as the Hamilton Community Based Outpatient Clinic (CBOC). As needed, she also completes inpatient evaluations at the Cincinnati VAMC; these assessments often involve questions of decision-making capacity. She works closely and meets weekly with the TBI Polytrauma team comprised of a physician, nurse, social worker, physical therapist, occupational therapist, audiologist as well as speech and language pathologists. Areas of clinical interest include traumatic brain injury, performance validity, and the provision of feedback in neuropsychological assessment.
Dr. Hemmy Asamsama is currently a staff psychologist in the residential and outpatient Substance Dependence Program (SUDEP). She obtained her dual doctorates in Clinical Psychology (PsyD) and Public Health Preventive Care (DrPH) from Loma Linda University. She completed her internship at CVAMC and she was a HIV Liver Disease Fellow at the Washington DC VA Medical Center. Her areas of clinical and research interests include chronic health management, psychological wellness, substance use, health-care overutilization, clinical research, program development, and evaluation. Dr. Hemmy Asamsama is the primary investigator of an ongoing archival study of veterans receiving substance use treatment in CVAMC. She is also the primary supervisor of the HIV and Liver Disease Fellowship. She has earned awards at the national levels in her field and has published several peer-reviewed papers in a variety of journal types. She has given national presentations and has experience teaching MI and other modalities to trainees.
Wes S. Houston, Ph.D.

University of Cincinnati, 2001
Director, Neuropsychology Clinic
Director, Assessment and Intensive Care Division

Dr. Houston is a clinical neuropsychologist who received his Ph.D. in Clinical Psychology from University of Cincinnati, and completed internship at the VA San Diego Healthcare System/University of California, San Diego, and postdoctoral fellowship at the San Diego VA. He works closely with the rest of the Neuropsychology team consisting of Drs. Harper, Kelkar and Rigrish. He is involved in the training of graduate students, doctoral interns and postdoctoral fellows on the Neuropsychology rotation. Areas of clinical interest include age-related cognitive decline, neuropsychological functioning in early dementia, and neuropsychological functioning in veterans with mild TBI. He continues to serve as an ad-hoc reviewer for several neuropsychology journals.
Shauna Keane-Timberlake, Psy.D.

Xavier University, 2012
Staff Psychologist, Pain Management Service

Dr. Keane-Timberlake is part of the interdisciplinary team (psychologist, pharmacist, chiropractor, physical therapist, nurse, physician) that serves Veterans struggling with complex chronic pain. In addressing the specific needs of Veterans trying to live a full life with their physical and emotional pain, the Pain Management Service team uses an Acceptance and Commitment Therapy approach consistent with a chronic pain rehabilitation model. Dr. Keane-Timberlake has a particular interest in the impact of mental illness and medical illness/injury on identity. She completed her internship at the VA medical center in Miami, Florida. She has additional training in the use of clinical hypnosis for pain management. Dr. Keane-Timberlake joined the Cincinnati VAMC staff in the fall of 2012.
Kalika Kelkar, Psy.D.

Virginia Consortium Program in Clinical Psychology, 2011
Staff Psychologist, Neuropsychology & Trauma Recovery Center

Dr. Kelkar completed her internship at the Coatesville VA Medical Center, PA, followed by a neuropsychology postdoctoral residency at the Edith Nourse Rogers Memorial VA Medical Center, Bedford, MA. She provides clinical services and supervision of practicum students, interns, and postdoctoral fellows at the Neuropsychology Clinic in Cincinnati, OH and the Fort Thomas, KY facility. Clinical responsibilities in the Neuropsychology Clinic include neuropsychological assessments for patients with cognitive complaints secondary to traumatic brain injury, dementia, stroke, seizure disorders, movement disorders, and psychiatric disorders. At Fort Thomas, she conducts neuropsychological assessments for veterans participating in the residential PTSD/TBI treatment program. She is involved in a multidisciplinary treatment team and provides treatment recommendations in the context of cognitive sequelae secondary to TBI. She also completes outpatient neuropsychological assessments for veterans referred through the Trauma Recovery Center.
Meredith Klump, Ph.D.

Suffolk University, 2009
Staff Psychologist, Trauma Recovery Center

Dr. Klump is currently one of the lead clinicians in the women’s PTSD Residential treatment program. She received her PhD in clinical psychology from Suffolk University in Boston, MA. She completed a clinical internship at the Northampton, MA VAMC and postdoctoral fellowship in Behavioral Health at the Bedford, MA VAMC. She spent two years at the Providence, RI VAMC as a staff psychologist in integrated Primary Care and Behavioral Health. She has clinical training and experience providing evidence based cognitive behavioral therapies for conditions such as PTSD and concomitant anxiety and mood disorders, chronic pain, and other psychological and acute medical conditions. In her current position, Dr. Klump provides evidenced based treatment interventions (i.e., Prolonged Exposure and Cognitive Processing Therapy) in person and via telemental health for Veterans diagnosed with PTSD. She also provides individual and group psychotherapy in the women’s residential treatment program and conducts diagnostic assessments for the outpatient and residential programs. Dr. Klump provides clinical supervision for interns and postdoctoral fellows in the areas of individual and group therapy, and diagnostic assessment.
Jennifer Lewis, Ph.D.

Western Michigan University, 2003
Staff Psychologist, Trauma Recovery Center
Outpatient Program
VISN 10 Regional CPT Trainer

Dr. Lewis received her PhD from Western Michigan University in Kalamazoo, Michigan. She completed both her Psychology Internship and Postdoctoral Fellowship within the Posttraumatic Stress Disorder Program (now Trauma Recovery Center) at the Cincinnati VAMC. Dr. Lewis conducts diagnostic assessments and facilitates group and individual therapy at the Trauma Recovery Center from a cognitive behavioral perspective. The TRC provides services to Veterans of all eras of war and conflict, all branches of the military and with PTSD from childhood, military, and/or civilian experiences. Dr. Lewis utilizes a variety of evidence based approaches including Cognitive Processing Therapy (CPT), Prolonged Exposure (PE) and Present Centered Therapy (PCT). She works closely with the Trauma Recovery Center’s multidisciplinary team to provide training to Practicum Students, Medical Residents, Psychology Interns, and Postdoctoral Fellows in the areas of evidence based diagnostic assessment, individual psychotherapy and group psychotherapy. In addition to supervising the CPT Minor rotation, she is a Trainer and Consultant for the CPT Implementation Program which is designed to provide training and consultation in CPT to clinicians throughout the VA system. Dr. Lewis’ research interests include treatment outcomes and the interface between research and clinical approaches. She was most recently a Therapist Consultant for the VA Cooperative Studies Project 591, a multi-site trial comparing the relative effectiveness of Prolonged Exposure and Cognitive Processing Therapy.
Franklin Mesa, Ph.D.

University of Central Florida, 2016
Staff Psychologist, Trauma Recovery Center

Dr. Mesa received his doctorate from the University of Central Florida in 2016 and completed the Cincinnati VAMC’s predoctoral internship during the 2015-2016 training year. As a student in the UCF Anxiety Disorders Clinic/RESTORES, he received specialized training in assessment and behavioral interventions for anxiety disorders, including PTSD. An additional focus of his graduate training was utilizing technology (e.g., virtual reality, tablets, and serious games) to enhance clinical practice. He served as a clinician on a Department of Defense-funded clinical trial examining the efficacy of an 3-week, intensive, exposure-based VR intervention for combat veterans of the military conflicts in Afghanistan and Iraq. As a staff psychologist in the Trauma Recovery Center, Dr. Mesa co-leads the PTSD/Traumatic Brain Injury Residential Program and provides evidence-based PTSD interventions to outpatients as well. He is also a member of the TRC research team, where he is broadly interested in elucidating factors that may mediate PTSD treatment outcome. His specific area of focus is the function of sleep quality in the development and maintenance of PTSD. Dr. Mesa supervises interns on the PTSD Research minor rotation.
Chris Meshot, Ph.D.

Miami University, 1993
Staff Psychologist, Primary Care/Mental Health Integration Program

Dr. Meshot is a member of the Primary Care Mental Health Integration [PCMHI] team. The PCMHI program is located in the Primary Care area of the main hospital. The team collaborates with the primary care staff to provide mental health services: consultation, psychiatric evaluation, short-term psychotherapy, and education. The relationship between health issues and mental health issues is a key component of the services the team offers. Dr. Meshot adopts an existential personal construct theoretical perspective with an emphasis on interpersonal dynamics. He has worked in a variety of settings including partial hospitalization programs for adolescents, community mental health, and a group private practice. His areas of interests include treatment of chronic depression and spiritual/religious development.
Dr. Monroe is a staff psychologist in the Trauma Recovery Center. He is one of the lead clinicians in the PTSD/Traumatic Brain Injury Residential Program and provides psychotherapy services in the outpatient PTSD Program. Dr. Monroe completed his Ph.D. in clinical psychology at The University of South Dakota with a specialization in disaster mental health. He completed fellowships with The United States Department of Homeland Security and The Disaster Mental Health Institute. Dr. Monroe’s theoretical orientation is cognitive-behavioral and he places a strong emphasis on providing culturally competent, evidence-based assessment and psychotherapy services. He is a Trainer and Consultant for the Cognitive Processing Therapy Implementation Program and a supervisor for the Trauma Recovery Center major rotation and the Cognitive Processing Therapy minor rotation. Current research interests include treatment outcome, diagnostic assessment, and motivation enhancement.
Dr. Monsson is a staff psychologist at the Community Based Outpatient Clinic (CBOC) located in the Eastgate area of Clermont County. The CBOCs are VA clinics offering outpatient primary care, mental health, and other specialized services to Veterans in locations closer to where they live. Dr. Monsson provides individual, group, and couples psychotherapy, and psychological assessment to Veterans with a wide range of different diagnoses. He is also involved in the Tobacco Cessation program at the Clermont location, and conducts individual and group tobacco cessation therapy. Dr. Monsson received his Ph.D. from the University of Kansas, and he completed his doctoral internship at the Leavenworth VA in Kansas. He has been trained in several different approaches to psychotherapy, including cognitive-behavioral therapy, dialectical behavior therapy, applied behavior analysis, Therapeutic Lifestyle Change, family systems theory, and Acceptance and Commitment Therapy, and he draws on all of these when working with clients. His areas of interests include chronic sorrow and ambiguous loss, evidence based treatments, coping in parents of children with autism, and Hope theory.
Shanna Murray, Ph.D.

Bowling Green State University, 2008
Staff Psychologist, Substance Abuse/PTSD (SA/PTSD) Program

Dr. Murray works in the Substance Use Disorder/PTSD program, facilitating group and individual therapy using a variety of approaches including Seeking Safety, Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE), motivational interviewing, harm reduction, and interpersonal therapy. She completed a PTSD post-doc at the VA Long Beach which focused on the treatment of PTSD in Veterans across the various war eras. At the VA Long Beach, she co-facilitated groups on mindfulness and PTSD, PTSD and anger management, and CPT. Dr. Murray completed her internship at the VA Hines where she focused on training in PTSD, substance use, and health psychology. Dr. Murray has broad clinical and research interests in the areas of empirically based treatments, health psychology, substance use disorder craving and relapse, weight loss, and cancer and compliance with health care treatment.
Nancy W. Nagel, Psy.D.

Wright State University, 2006
Staff Psychologist, Primary Care/Mental Health Integration Program/Hospice-Palliative Care

Dr. Nagel is a Health Psychologist who works in collaboration with both Primary Care and Hospice-Palliative Care providers. She completed her undergraduate work at Miami University and received her doctoral degree from Wright State University. She completed her post-doctoral training in Health Psychology at the Cincinnati VA Medical Center where she focused on chronic pain rehabilitation. She began her career as one of the original team members in the Pain Clinic where she later became Clinical Director of the Pain Program. During her tenure in the pain clinic she developed the Intensive Pain Rehabilitation Program which is a multidisciplinary non-pharmacologic approach to chronic pain rehabilitation. Her other professional experiences include conducting disability examinations for veterans seeking service-connected benefits for psychological conditions.

Currently, she performs primarily individual psychotherapy within the primary care setting and uses an integrated approach. Additionally, she treats veterans who are admitted to the VA nursing home for Hospice Care and performs a consultative role with the Palliative Care Team. In this role, she provides psychotherapy, conducts decision making capacity evaluations and she is a member of the Life Sustaining Treatment Initiative Board. Last, she is involved with hospital-wide psychosocial evaluations for medical procedures such as solid organ transplantation, placement of insulin pumps and bariatric surgery.
Adam Peterson, Psy.D.

Xavier University, 2016
Staff Psychologist, TRAC (intensive outpatient) Program

Dr. Peterson works in the TRAC program facilitating group and individual therapy using a variety of approaches geared toward treating people with severe and chronic mental illness. While his formal training was primarily CBT focused, he emphasizes utilizing the treatment style that will best help the individual. He has training in Cognitive Processing Therapy (CPT) and motivational interviewing, and has been increasingly applying interpersonal and dynamic approaches. Dr. Peterson completed his internship at the Cincinnati VA with rotations on the inpatient substance abuse and chronic pain clinics, with additional training in the Interprofessional Team-Based Care program. Dr. Peterson currently serves on the Diversity Committee and is a Whole Health Champion, being a strong advocate of both the biopsychosocial and person-centered models of treatment.
Nicole D. Pukay-Martin, Ph.D.

University of North Carolina at Chapel Hill, 2010
Staff Psychologist, Trauma Recovery Center

Dr. Nicole Pukay-Martin received her doctoral degree from the University of North Carolina at Chapel Hill where she specialized in the design of couple-based interventions for psychopathology and health problems. She completed her clinical internship and fellowship with a focus on the treatment of posttraumatic stress disorder (PTSD) at the Durham VAMC in North Carolina. Prior to her position at the Cincinnati VA, Dr. Pukay-Martin worked with Dr. Candice Monson at Ryerson University in Toronto as a project coordinator investigating a couple-based intervention for PTSD and examining the interpersonal factors involved in the development and maintenance of PTSD. Her current research interests include examining PTSD treatment outcomes, couple-based treatments for PTSD, interpersonal effects of PTSD, and relational factors involved in the development and maintenance of PTSD. She currently supervises interns on a PTSD research minor rotation and interns wishing to gain specialized training in cognitive-behavioral conjoint therapy (CBCT) for PTSD.
Diana Rigrish, Psy.D.

Wright State University, 1988
Staff Psychologist, Neuropsychology

Dr. Rigrish came to the Cincinnati VA Medical Center with a nursing background. The focus of her doctoral internship was in clinical neuropsychology and health psychology. She received postdoctoral training in clinical neuropsychology at the Cincinnati VA Medical Center. Upon completing her postdoctoral training, she worked part time at the Cincinnati VA and part time at the University Hospital Epilepsy Monitoring Unit conducting neuropsychological assessment. She has been full time at the VA since 1993.

Currently, Dr. Rigrish’s primary clinical responsibility is to provide neuropsychological assessment to Veterans referred to the neuropsychology laboratory. She works closely with the rest of the Neuropsychology team to provide training to interns, postdoctoral fellows, graduate students, and medical residents.
Mindy R. Sefferino, Psy.D.

Wright State University School of Professional Psychology, 2006  
Staff Psychologist, Primary Care/Mental Health Integration Program

Dr. Sefferino is a member of the Primary Care/Mental Health Integration (PCMHI) Team, which is located in the Primary Care Clinic and Women's Health Center. The PCMHI team collaborates with Primary Care staff to address the mental health and behavioral health needs of their patients. The PCMHI program is designed to provide brief, solution focused treatment. Dr. Sefferino earned her MA in Counseling Psychology from the University of Notre Dame and her Psy.D. in Clinical Psychology from Wright State University. During her fellowship at Wright State University, she was also an adjunct professor in the School of Professional Psychology and in the undergraduate psychology program. Prior to working at the VA, she worked in a variety of settings, including a juvenile rehabilitation center, university counseling centers, and a group private practice. Currently, her areas of interest include substance use disorders and women's health. Dr. Sefferino utilizes an integrative approach to therapy, incorporating primarily cognitive-behavioral, interpersonal, and motivational interviewing concepts.
Jonathan L. Steinberg, Ph.D.

Miami University, 1991
Coordinator, SUD/PTSD Program

Dr. Steinberg’s training emphasized psychodynamic therapies, but he has developed an integrative approach that utilizes more symptom-focused techniques. His work in the SUD/PTSD program incorporates evidence based therapies such as Seeking Safety, Motivational Interviewing, and Prolonged Exposure while maintaining a broader attentiveness to the therapeutic process; Prior to joining the SUD/PTSD program in 2002, Dr. Steinberg worked in the Cincinnati VA’s PTSD program for 10 years. When doing clinical supervision Dr. Steinberg encourages interns to formulate their own ways of integrating and implementing therapeutic approaches which they have learned. Dr. Steinberg enjoys teaching and provides training workshops on Motivational Interviewing to psychology interns, psychiatry residents, and addiction fellows. He holds an Assistant Professor of Clinical Psychiatry appointment at the University of Cincinnati and is a member of the Motivational Interviewing Network of Trainers (MINT). He provides Motivational Interviewing training and coaching to staff across the country as part of the VA’s dissemination of Motivational Interviewing and Motivational Enhancement Therapy.

Outside of the VA, Dr. Steinberg volunteers as a trustee of the Hamilton County Community Mental Health and Recovery Board which allocates public money to Cincinnati area mental health and substance use disorder treatment services.
Jennifer L. Sudbrack, Ph.D.

Miami University, 2002
Staff Psychologist, Patient Care Coordinator for Mental Health, Florence, KY (CBOC)

Dr. Sudbrack provides psychological services at the Cincinnati VAMC Community Based Outpatient Clinic (CBOC) located in Florence, KY. The CBOCs are VA outpatient clinics offering primary care, mental health, and select other specialized medical services to Veterans at locations more convenient to where they live. In addition to providing direct patient care, Dr. Sudbrack serves as Patient Care Coordinator for Mental Health at the Florence location and as Lead Psychologist for the five CBOCs of the Cincinnati VAMC.

Dr. Sudbrack’s primary areas of professional interest are eating disorders, body weight and shape concerns, PTSD, and self-management of chronic illness. She has been trained in a variety of approaches to psychotherapy, and she regularly makes use of techniques from diverse models, including client-centered, cognitive, feminist, group process, and family systems theories. However, her clinical work is most influenced by the theoretical perspective of archetypal psychology. Her approach to supervision of interns is guided by the intern’s clinical skill and professional development. She invites interns to explore a variety of theoretical perspectives and interventions and enjoys working with them to discover and refine their own approach to the work.
Angel Teeters, Psy.D.
Xavier University, 2012
Staff Psychologist, Domiciliary

Dr. Teeters is the staff psychologist at the Domiciliary where she provides individual and group therapy in addition to diagnostic assessments for Veterans presenting with a wide range of presenting concerns. Dr. Teeters primarily utilizes a cognitive–behavioral approach but has training in a number of other interventions and approaches including Acceptance and Commitment Therapy, Dialectical Behavior Therapy, Motivational Interviewing and Mindfulness Based Stress Reduction. Dr. Teeters completed her internship and postdoctoral fellowship at Cincinnati Children’s Medical Hospital where her research and clinical interests focused on maternal mental health, prevention programs for at-risk parents and the impact of parental trauma on parenting and child development. Prior to joining the VA, Dr. Teeters held positions as clinical manager at Mercy Health Counseling Services and as a behavioral health consultant in primary care at Group Health.
Angela R. Volz, Ph.D.

Miami University, 2012
Staff Psychologist, Mental Health Clinic

Dr. Volz found her passion for working with the Veteran population while completing a pre-doctoral practicum in the Trauma Recovery Center at the Cincinnati VA Medical Center. Dr. Volz completed her pre-doctoral internship at the Memphis VA Medical Center and her postdoctoral fellowship in Trauma Recovery and Women's Health at the Durham VA Medical Center. In addition to her duties in the Mental Health Clinic, Dr. Volz also works for the National Center for PTSD as a Prolonged Exposure Therapy national trainer and consultant. She is a VA-recognized provider in Cognitive Processing Therapy (CPT) for PTSD, Prolonged Exposure (PE) for PTSD, Acceptance and Commitment Therapy for Depression (ACT-D), and Motivational Enhancement Therapy (MET). In her current position, Dr. Volz uses a number of treatment approaches, including CPT, PE, ACT, MET, Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy, Skills Training in Affective and Interpersonal Regulation, Cognitive Behavioral Conjoint Therapy for PTSD, and Integrative Behavioral Couple Therapy. Dr. Volz is also a member of the interdivisional DBT team, where she regularly provides full model DBT. Prior to her current position, Dr. Volz was a staff psychologist in the residential PTSD/SUD program at VA Maryland Health Care System and was Program Evaluator for the national CPT dissemination initiative. She currently supervises interns on the Mental Health Clinic major and minor rotations.
Tobias C. Weiss, PsyD, ABPP

Xavier University, 2003
Staff Psychologist, Trauma Recovery Center

Dr. Weiss is presently a co-lead for the men’s residential PTSD program. He divides his time between the residential PTSD programs, outpatient PTSD program, and multiple research projects. Dr. Weiss provides diagnostic evaluations, individual psychotherapy, group psychotherapy, and couples psychotherapy. Dr. Weiss completed his Psy.D. at Xavier University and completed the American Board of Professional Psychology (ABPP) specialty certification in Cognitive-Behavioral Psychology in 2011. Prior to his work with the Cincinnati VAMC, he worked in outpatient community mental health managing a caseload of individual therapy clients and performing guardianship evaluations for Campbell County, KY. Dr. Weiss has extensive experience in psychological assessments having worked in various hospital, outpatient, and forensic settings. His current areas of interest include: supervision, group process work, and augmenting evidenced-based treatments in residential settings. Dr. Weiss is currently coordinating and focusing his own research on a PTSD residential therapy group that combines the principles of Aikido (a defensive martial art) with conflict resolution/anger management skills.
Nikki Winchester, Psy.D.

Xavier University, 2015
Staff Psychologist, Outpatient Substance Dependence Treatment Program

Dr. Winchester is a DBT-Linehan Board of Certification, Certified Clinician™ and provides DBT training and consultation to VA’s nationwide. Her first practicum experience involved a year of intensive DBT training with Dr. Nick Salsman, a Behavioral Tech trainer and former student of Dr. Marsha Linehan. Dr. Winchester has also received intensive training in the DBT PE protocol. Dr. Winchester has been trained in several other evidence-based treatments, including Mindfulness-Based Relapse Prevention (MBRP), Acceptance and Commitment Therapy (ACT), Motivational Interviewing (MI), Motivational Enhancement Therapy (MET), Cognitive Processing Therapy (CPT), and Prolonged Exposure (PE). Given the complexity of the Veteran population served in SUDEP, Dr. Winchester is flexible in her interventions and often blends techniques from multiple treatment modalities to best meet client needs. Her research interests include DBT, borderline personality disorder, emotion dysregulation, suicide, and substance use interventions. She is interested in investigating treatment outcomes in response to a DBT-informed skills training curriculum she developed specifically tailored to the SUD population.

Dr. Winchester gained experience working in a variety of settings prior to completing her doctoral internship at the Cincinnati VA, including a department clinic, private practice, community mental health clinic, and state psychiatric hospital. She also co-leads an outpatient DBT skills training group in her private practice and is a clinical-affiliate faculty member of the University of Cincinnati Department of Psychiatry and Behavioral Neurosciences.
Brian Zinnbauer, Ph.D., ABPP

Bowling Green State University, 1998
Chief, Psychology Program
Director, Psychology Training Program

As Chief of the Psychology Program, Dr. Zinnbauer advises Medical Center leadership on issues pertaining to professional aspects of our discipline such as credentialing and privileging, continuing education, resource management, hiring of psychologists, and training of students. In his position as the Director of the Psychology Training Program, Dr. Zinnbauer is responsible for the development and management of the doctoral internship, postdoctoral fellowship, and clinical practicum training programs. He also serves as co-chair of the National Psychology Professional Standards Board (GS-14).

Dr. Zinnbauer also provides psychological services to Veterans in the Mental Health Care Line. Dr. Zinnbauer’s clinical work draws upon cognitive therapy, interpersonal process, addictions treatment, and positive psychology. He also has a professional interest in writing, research, and clinical applications of the psychology of religion and spirituality. Dr. Zinnbauer’s approach to Intern supervision includes a developmental approach to understanding interns’ clinical skills and professional development. For outpatient psychotherapy supervision he emphasizes understanding interpersonal process, case conceptualization, and flexible strategies to meet Veterans where they are in treatment and to adapt treatment approaches to the individual needs of our Veterans.
The chart below lists the Professional Conferences that were offered between September and June during the 2018-2019 training year.

**Professional Conferences**

<table>
<thead>
<tr>
<th>Presenter, Topic</th>
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<tbody>
<tr>
<td>Diversity Committee, <strong>Introduction to the Diversity Series</strong></td>
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<tr>
<td>Raquel Maymir, <strong>Geriatrics for the Young</strong></td>
</tr>
<tr>
<td>Kalika Kelkar, <strong>Dementia Evaluations: A Primer for Non-Neuropsychologists</strong></td>
</tr>
<tr>
<td>Ryan Faulkner, <strong>the Veterans Justice Outreach program</strong></td>
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<tr>
<td>Suzan Barrett, <strong>Introduction to Radically Open DBT</strong></td>
</tr>
<tr>
<td>Nicola Caldwell, <strong>Mediation as a Conflict Resolution Strategy in RRPTs</strong></td>
</tr>
<tr>
<td>Whitney Gore, <strong>Treating SUD and PTSD</strong></td>
</tr>
<tr>
<td>Mark Silvestri, <strong>Functional Analysis: Applications in Substance Use Treatment</strong></td>
</tr>
<tr>
<td>Wes Houston, <strong>Workplace Violence Prevention Program: DBC and Risk Assessment</strong></td>
</tr>
<tr>
<td>Shari Altum, <strong>the Whole Health Initiative</strong></td>
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<tr>
<td>Chris Meshot, <strong>Primary Care Mental Health Integration: An overview</strong></td>
</tr>
<tr>
<td>Angela Volz, <strong>Introduction to Prolonged Exposure</strong></td>
</tr>
<tr>
<td>Ben Dickstein, <strong>Treating Two Types of PTSD</strong></td>
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<tr>
<td>Teri Bolte, <strong>Leadership in Psychology</strong></td>
</tr>
<tr>
<td>Shanna Murray, <strong>Issues in Prolonged Exposure Treatment</strong></td>
</tr>
<tr>
<td>Kate Chard, <strong>Latest updates in PTSD treatment</strong></td>
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<tr>
<td>Postdoc Brittany Shannon, <strong>Professional Quality of Life: Program Measurement</strong></td>
</tr>
<tr>
<td>Postdoc Hideki Scherb, <strong>Diabetes and Mental Health Care: A Program Development Story</strong></td>
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<tr>
<td>Postdoc Johanna Collier, <strong>Whole Health</strong></td>
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**Workshops**

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<th>Presenter, Topic</th>
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<tbody>
<tr>
<td>Diversity Committee, <strong>Religious and Spiritual Diversity</strong></td>
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<tr>
<td>Diversity Committee, <strong>Military Culture</strong></td>
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<tr>
<td>Diversity Committee, <strong>Working with the Rural Population</strong></td>
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<tr>
<td>Diversity Committee, <strong>Diverse Approaches to Death and Dying</strong></td>
</tr>
<tr>
<td>Drs. Steinberg and Altum, <strong>Motivational Interviewing and Motivation Enhancement Training</strong></td>
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</tbody>
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Appendix C: Intern Seminars

The chart below lists the Intern Seminars that were offered between September and July during the 2018-2019 training year.

<table>
<thead>
<tr>
<th>Presenter, Topic</th>
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<tbody>
<tr>
<td>Bianca Jones &amp; Lisa Liston, Emergencies at the CVAMC and Suicide Prevention at the VA</td>
</tr>
<tr>
<td>Connie Boehner, Sexual Diversity</td>
</tr>
<tr>
<td>Ben Dickstein, MMPI-2 RF, SCID, and Structured Diagnostic Interviews</td>
</tr>
<tr>
<td>Erica Birkley, Intimate Partner Violence</td>
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<tr>
<td>Mike Schmalle, Lived OEF Experiences</td>
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<tr>
<td>Teri Bolte, Infidelity in Relationships</td>
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<tr>
<td>Teri Bolte, Grandiosity</td>
</tr>
<tr>
<td>Anne Eason, Military Sexual Trauma</td>
</tr>
<tr>
<td>Octaviana Hemmy Asamsama, Licenses, Loans, and Professional Development</td>
</tr>
<tr>
<td>Ryan Faulkner, Performance Based Interviewing</td>
</tr>
<tr>
<td>Various Staff, Applying to Postdocs and Jobs</td>
</tr>
<tr>
<td>Janell Giannitelli, Vietnam: Background and Treatment Considerations</td>
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<tr>
<td>Janell Giannitelli &amp; PTSD Group Members, Vietnam: Lived experiences</td>
</tr>
<tr>
<td>Hideki Scherb, Metaphors in Treatment</td>
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<tr>
<td>Janell Giannitelli, Challenging Clinical Situations</td>
</tr>
<tr>
<td>Ryan Faulkner, Management in the VA-VERA</td>
</tr>
<tr>
<td>Brian Zinnbauer, Introduction to Supervision I: Self-reflection and Basic Models</td>
</tr>
<tr>
<td>Lyndsay Colvin, Identifying and Responding to Abuse within the Disability Community</td>
</tr>
<tr>
<td>Octaviana Hemmy Asamsama, Mental Health and Substance Use Assessment, Monitoring and Treatment in Pts. with HIV</td>
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<tr>
<td>Amy Fahey, ESTs and EBPs</td>
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<tr>
<td>Janell Giannitelli, The Use of Dreams in Psychotherapy</td>
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<tr>
<td>TRAC Providers, The use of Creative Arts Therapy with the SMI populations</td>
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<tr>
<td>Postdoctoral Fellows, Psychedelics and New Psychopharmacological Treatments for Depression</td>
</tr>
<tr>
<td>Michael R. Bruner, The Emergence of the Primary Care Behavioral Health Model</td>
</tr>
<tr>
<td>Brian Zinnbauer, Malingering</td>
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<tr>
<td>Octaviana Hemmy Asamsama, Overdose and Harm Reduction Resources for SUD treatment</td>
</tr>
<tr>
<td>Hideki Scherb, Masculinity and the APA Guidelines for Men</td>
</tr>
<tr>
<td>Brian Zinnbauer, Supervision II: Startup, Documentation, Psychological Safety, and Giving Difficult Feedback</td>
</tr>
<tr>
<td>Nancy Zinnbauer, Private Practice: Running your own Business</td>
</tr>
<tr>
<td>Kaja Harper, Medical Marijuana</td>
</tr>
<tr>
<td>Wes Houston, The Use and Utility of Cognitive Screens</td>
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<tr>
<td>Kalika Kelkar, TBI and Clinical Care</td>
</tr>
<tr>
<td>Linda Snow-Griffin, Introduction to Hypnosis</td>
</tr>
<tr>
<td>Brian Zinnbauer, Supervision III: Managing Difficult Situations</td>
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