

PSYCHOLOGY TRAINING PROGRAM



2012 – 2013 TRAINING YEAR

Predoctoral Internship In Professional Psychology

at the
Cincinnati VA Medical Center, Cincinnati, Ohio

Predoctoral Internship in Professional Psychology

The Psychology Training Program at the Cincinnati VA Medical Center offers a predoctoral internship training program in professional psychology *with full accreditation by the American Psychological Association.*

The major goal of the program is the development of psychologists who have the knowledge, skills, and self-awareness necessary to deliver psychological services to diverse populations in a variety of settings competently and independently in a professional, empathic, and responsible manner. There are opportunities to examine a broad range of psychological problems, develop depth of skill in particular areas of specialization, and to gain practical experience that parallels and complements the academic background of doctoral-level psychology students. All activities during the training year are coordinated and supervised by the doctoral staff of the Cincinnati VA Psychology Program. Each intern's training experience is specifically designed to meet that student's needs, interests, and skill levels.

As a federal agency, we are an equal opportunity employer, mandated to utilize fully all workers' talents without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation or disability. Within the Department of Psychology, our goal is to extend this commitment to include the creation of a community that recognizes and values the inherent worth and dignity of every person. We believe that diversity among departmental members strengthens our staff, stimulates creativity, promotes the exchange of ideas, and allows us to provide more sensitive and effective patient care. Our program is based on a mentorship model, and we are proud to have a multicultural staff. We welcome diversity in our intern class, and we warmly encourage minorities and persons of diverse backgrounds of all types to apply to the Cincinnati VAMC internship. Interns are exposed to aspects of diversity unique to the Veterans' population during the intern year through assessment, treatment, consultation, and intern-specific seminars. Our aim is to optimize the training experience through individual appreciation and clinical understanding of human diversity in all aspects of psychological practice.

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The Setting

Living in Cincinnati

Cincinnati is a scenic city built on seven hills along the banks of the Ohio River. The population of the city and surrounding metropolitan area is approximately 2.1 million people. It has the distinct advantage of being a large enough city to offer a great variety of experiences, while not being so large that one gets overwhelmed. Its moderate size allows for excellent government services while offering a wide variety of interesting social, cultural and athletic activities.

Population (<http://www.cincyusa.com/multicultural/diversity/>)

The Census Bureau estimates Cincinnati's multicultural population at nearly 50% of the total. African Americans make up the majority of the city's diverse population, and a study released in June, 2007 by the Hispanic Chamber Cincinnati USA found that the area's Hispanic population grew by 38% between 2000 and 2005, ten times faster than the broader Ohio-Kentucky-Indiana Tri-State region.

Cincinnati is the home of the University of Cincinnati, Xavier University, Hebrew Union College, Cincinnati Art Academy, College Conservatory of Music and the College of Mount St. Joseph. In addition to the cultural events offered at these institutions, Cincinnati has a nationally known symphony orchestra (<http://cincinnati-symphony.org/>), the second oldest opera company in the United States (<http://www.cincinnatiopera.com/>), a May Festival devoted to classical oratorios with nationally known performers, and the Cincinnati Ballet Company. The Cincinnati Playhouse in the Park offers professional productions of contemporary and classical theater on its two stages throughout the year. The Aronoff Center for the Performing Arts in downtown Cincinnati hosts professional theatre and dance year-round (<http://cincinnatiarts.org/aronoff>).

The greater Cincinnati area also has more than 100 museums and galleries which enhance its reputation as a cultural center. These include the Cincinnati Art Museum in Eden Park, The National Underground Railroad Freedom Center, Contemporary Art Center, Taft Museum, Krohn Conservatory as well as the Museum Center which houses the Natural History Museum, the

Cincinnati Historical Society, and the Children's Museum. Cincinnati also has a wonderful Planetarium and Observatory that are open to the public.

Cincinnati is the birthplace of major league baseball and our Cincinnati Reds currently play in the recently completed Great American Ball Park. Football fans can enjoy watching the Cincinnati Bengals play at the new Mike Brown Stadium. Boating, golfing, tennis, ice skating, hiking and camping are among the other activities enjoyed by Cincinnatians who utilize the Ohio River, local lakes and the outstanding state and county park systems.

Findlay Market, Ohio's oldest continuously operated public market, is a gathering place for the most socially, economically, racially, and ethnically diverse crowds found anywhere in Cincinnati. The Market is located just blocks from downtown in Over-the-Rhine, a dense historic neighborhood rich in 19th century architecture. Findlay Market is home year-around to about two dozen indoor merchants selling meat, fish, poultry, produce, flowers, cheese, deli, and ethnic foods, and hosts numerous street performers and special events. (<http://www.findlaymarket.org/>)

Cincinnati VA Medical Center

The Cincinnati VA Medical Center is a general medical and surgical hospital with all the services found in a large urban hospital. The Mental Health Care Line within the Medical Center is composed of six divisions including: Outpatient Mental Health; Post-Traumatic Stress Disorder/Anxiety; Assessment and Intensive Treatment; Substance Dependence; Domiciliary Care for Homeless Veterans; and Community Psychiatry. The various mental health services available to Veterans are distributed between the main campus located two miles north of downtown Cincinnati, the Ft. Thomas Division located 5 miles southeast of downtown in Ft. Thomas, KY, and a system of 5 community-based outpatient clinics (CBOCs) located in Clermont County, OH, Butler County, OH, Bellevue, KY, Florence, KY, and Dearborn County, IN.

As a VA hospital, the Cincinnati VAMC is dedicated to the care of Veterans whose injuries or medical conditions were obtained while in the United States military service. Whereas we serve a predominantly White and African-American male population, a growing percentage of Veterans served at the Cincinnati VAMC are women.

In addition to emphasizing high quality clinical treatment, the VA Medical Center has a strong commitment to training. As a Dean's Committee Hospital, we maintain close teaching ties with the University of Cincinnati College of Medicine. Staff members of most of the clinical services at the VA Medical Center, including many psychologists, have teaching appointments in the College of Medicine. In reciprocal fashion, many of the Medical College faculty serve as consultants to the VA Medical Center. Some of the VA psychology staff also have adjunct appointments to the University of Cincinnati Department of Psychology as well as the Xavier University Department of Psychology. Our Center has fully accredited training programs in most of the major health specialties, including psychiatry, nursing, pharmacy, social work, rehabilitation therapy and medical technology.

The VA Medical Center is located within a large complex of facilities which includes the University of Cincinnati, the University of Cincinnati College of Medicine, the University Hospital, Cincinnati Children's Hospital, Shriners Hospitals for Children-Cincinnati, and several other psychiatric and medical facilities. Regularly scheduled programs such as grand rounds, seminars, case conferences and presentations by invited distinguished lecturers are open to interns. Library facilities are available at the VA Medical Center, the Medical School, and the nearby University of Cincinnati. The Psychology Training Program has video and audio taping facilities available. Interns are encouraged to use these facilities for training and clinical purposes.

Supervision

Most of the over 45 doctoral members of the Psychology staff are actively involved in the predoctoral clinical internship program. The overall approach to supervision in our program is a mentorship model that tailors training to the developmental needs and skills of our interns. Over the course of the intern year, interns are expected to function increasingly independently as they mature in clinical and professional development. Special attention is paid to ways in which the scientific literature informs clinical work and decision making, and interns are expected to practice accessing and using the clinical literature throughout the training year.

Our internship program is committed to a training approach that is sensitive to human diversity, and supervisors attempt to provide interns with as varied a caseload as possible, including efforts to provide interns with the opportunity to work with female Veterans. Interns are also encouraged to bring issues of ethnic, cultural, and individual diversity into supervision.

Each intern will work with at least four doctoral staff psychologists as primary supervisors during the year in their two major rotations, the minor rotation, and the long-term outpatient experience. A minimum of four hours of supervision is expected per week, of which three hours are individual meetings with primary supervisors. All members of the psychology staff are also available for consultation. The intern class has regular contact with the Director of Training, and interns are expected to provide ongoing feedback to their supervisors and to the Director of Training during the training year. Of note, self-disclosure may be required as part of some of these supervised experiences and intern candidates are encouraged to ask for more specific guidelines regarding particular rotations.

Psychology Staff

The broad range of background, expertise, and experience represented in the staff at the Cincinnati VA is also reflected in the variety of clinical services delivered throughout the hospital.

Rashidat Akinyemi, Psy.D.

Wright State University, 2006

Staff Psychologist, Psychiatric Evaluation Center (PEC)

Dr. Akinyemi works full time in PEC. PEC is part of the Assessment and Intensive Treatment Division. In PEC, she provides services to patients who present with a variety of mental health needs such as substance use, medication needs, suicide and homicidal ideation. PEC serves as the frontline entry into the many programs that the VA offers. In her work in PEC Dr. Akinyemi collaborates with psychiatrists, physicians, nurses and social workers. A close working relationship is also established with the emergency room staff. While Dr. Akinyemi received a generalist training and approaches therapy from a cognitive behavioral technique and humanistic model, she has also been influenced by the interpersonal approach of therapy. Her areas of interest include working with individuals with substance use issues and with patients in acute distress. In her work with PEC patients, Dr. Akinyemi uses a solution-focused approach

Shari Altum, Ph.D.

University of Cincinnati, 2002

Staff Psychologist, Health Behavior Coordinator, Primary Care

As the Health Behavior Coordinator, Dr. Altum promotes evidence-based patient-driven care in Health Promotion and Disease Prevention (HPDP). Along with the HPDP Program Manager, she plans, develops, implements, monitors and evaluates programs in Primary Care designed to promote health and prevent disease. She leads and coordinates training and ongoing coaching for primary care staff in patient-centered communication, health behavior change coaching, and self-management support strategies, including motivational interviewing. She works collaboratively with the Mental Health Primary Care Integration staff to integrate behavioral medicine interventions and services within primary care. She co-leads medical group visits to address smoking cessation, weight control, and the management of several chronic medical diseases. She completes psychological assessments for pre-bariatric surgery or works individually with Veterans who have unique or complex problems impacting their self-management plans. Dr. Altum completed here pre-doctoral internship at the Cincinnati VA Medical Center in 2001 with a focus on primary care. She was employed by a community mental health

center in Southeastern Indiana for 8 years before returning to the VA. There she was the coordinator for integrated primary care and mental health services and developed a co-located program in a community health center.

Gregory W. Bailey, Ph.D.

Loyola University Chicago, 2002

Staff Psychologist, PTSD and Anxiety Disorders Division

Dr. Bailey is a staff psychologist in the PTSD and Anxiety Disorders Division. He works in the residential program for Veterans with PTSD and Traumatic Brain Injury and the outpatient PTSD program. Dr. Bailey provides individual, group, and couples-based therapy as well as diagnostic assessments. In addition to the cognitive-behavioral approach used in the residential PTSD/TBI program, Dr. Bailey has experience with interpersonal and family-based approaches to psychotherapy. Dr. Bailey earned his Ph.D. from Loyola University in Chicago, Illinois.

Before coming to the Cincinnati VA, Dr. Bailey worked for a non-profit organization recognized for research, training, and clinical service provision to children and families affected by prenatal substance exposure. His responsibilities included providing psychological services to high risk children, adolescents, young adults and their families.

Wynn P. Baldock, Ph.D.

Virginia Tech, 1985

Staff Psychologist, Primary Care/Mental Health Integration Program

Dr. Baldock received his BA from the University of Kentucky, and graduated Phi Beta Kappa, Summa Cum Laude with Departmental Honors in Psychology. He attended graduate school at Virginia Tech, where he received his M.S. and his Ph.D. in 1985, before entering the U.S. Army as a Clinical Psychologist. Wynn spent 4 years on active duty, completed an APA approved clinical internship at Eisenhower Medical Center, and served as the Chief of Psychology at Martin Army Hospital. Since leaving the military, Dr. Baldock has served on the clinical faculty at the University of Cincinnati, Department of Family Practice, as an Assistant Professor, and has also worked as a management consultant for Anderson Consulting, DBM, and Lee

Hecht Harrison. Wynn joined the Cincinnati VA in 2007. He currently maintains a private practice, and works half-time with the Primary Care Mental Health Integration team.

Suzan Winders Barrett, Ph.D.

Uniformed Services University of the Health Sciences, 1990

Director, Outpatient Mental Health Division

Staff Psychologist, Health Psychology/Chronic Pain

Dr. Barrett is a Health Psychologist with particular interest in pain, substance abuse, and body weight regulation. She has bachelor's degrees in both biology and psychology. She received her Ph.D. in Experimental Health Psychology at the Uniformed Services University (USUHS) in 1990. Dr. Barrett re-trained in clinical health psychology at the University of Memphis.

She interned at the University of Alabama's Consortium program. She did a post-doctoral fellowship in chronic pain at the Cleveland Clinic. Dr. Barrett's emphasis in graduate school was on the psychopharmacology of addiction as well as in health psychology. After leaving the USUHS, she taught at the University of Memphis and then the University of Alabama at Birmingham for a total of ten years. She has over forty publications in peer reviewed journals. Her research has focused primarily on the relationship between smoking and body weight. However, she has also studied other drugs and other aspects of nicotine addiction. Dr. Barrett is currently a member of the TriState Tobacco and Alcohol Research Center. The center conducts studies related to the treatment of tobacco and alcohol addiction. She has been at the Cincinnati VAMC since 1995. She has been director of the Outpatient Mental Health Division since 2005. Dr. Barrett's clinical orientation incorporates family systems therapy and cognitive behavioral approaches. Her individual work is mostly with patients with psychological issues related to, or exacerbated by, poor health. She also does several groups for patients with specific medical problems. She serves on the Medical Center's Pain Advisory Board. In addition, she chairs the Medical Center's Complementary Alternative Medicine Committee, whose job is to evaluate and make recommendations regarding the use of complementary strategies in this facility. In addition to her duties as the facility's only health psychologist, Dr. Barrett holds faculty appointments in the Department of Psychiatry and the Department of Psychology at the University of Cincinnati.

Linda P. Bodie, Psy.D., LICDC, CTTS

Nova Southeastern University, 1990

Program Director, Substance Dependence Program

Dr. Bodie is a Supervisory Clinical Psychologist and Program Director, Substance Dependence Program, designated as a “Clinical Program of Excellence”. She has administrative responsibilities for the seven programs organized under the Substance Dependence Program. Dr. Bodie holds a faculty appointment at the University of Cincinnati and is the Associate Director for Clinical Operations, Addiction Sciences Division, University of Cincinnati.

In addition to her administrative functions, she provides individual and group psychotherapy in the traditional outpatient component of the Rehabilitation Service. She integrates her knowledge of psychodynamic theory with skill-oriented, cognitive-behavioral interventions. Dr. Bodie was instrumental in initiating an innovative program for Veterans who are motivated to quit smoking while in residential treatment for their alcohol and other drugs of abuse. Her interest in tobacco use disorder has led to numerous presentations locally and nationally. Her role expanded to include program development, in which she served as the Coordinator, Nicotine Dependent Service for several years and continues to serve as the Medical Center Tobacco-free Coordinator. In this role, she chairs the Medical Center Tobacco Use Sub-council Committee. She is also designated as Director, Cincinnati Tobacco Cessation Clinical Resource Center, one of two such centers in VHA.

Dr. Bodie is very active in several professional organizations. She is a member of the Executive Committee of the Association of VA Psychologist Leaders (AVAPL). She served as Program Chair, American Psychological Association, Division 18 (Psychologists in Public Service), Chair, VA Section, and was recently elected President, Division 18. Dr. Bodie was the recipient of the Division 18, “Outstanding Administrator Award” at the American Psychological Association Annual Convention in Washington D.C.

Constance S. Boehner, Ph.D.

University of Cincinnati, 2002

Staff Psychologist, Inpatient Psychiatric Unit and Partial Hospitalization Program (PHP)

Dr. Boehner provides diagnostic assessments, psycho-educational classes, social skills training, and individual and group psychotherapy for Veterans both on the unit and in the outpatient PHP, located in the VA Medical Center. The inpatient unit serves Veterans with mood disorders (including substance induced), thought disorders, personality disorders, and a variety of geriatric-psych difficulties. The Partial Hospitalization Program provides both step-down treatments for those Veterans needing additional stabilization once they leave the inpatient unit as well as a way to prevent hospitalizations for Veterans in the Outpatient setting who are struggling with an increased level of distress. Dr. Boehner was trained in cognitive-behavioral approaches to symptom relief but also utilizes interpersonal strategies based on the individual needs of each client.

As part of the inpatient unit, Dr. Boehner works collaboratively with a multidisciplinary team and finds this most beneficial to Veteran's recovery needs. Her clinical interests include trauma and anxiety disorders, SMI, and personality disorders. Outside her efforts in the VA, she continues to provide psycho-educational groups on adolescent substance abuse in conjunction with the Prosecutor's Office as part of the juvenile probation program in Dearborn County Indiana. In addition, Dr. Boehner has acted as a consultant in court cases of sexual assault, domestic violence, and child abuse. This continues to be an area of interest and Dr. Boehner is active in efforts to address these problems.

Teri Ann Bolte, Ph.D.

University of Kentucky, 2008

Staff Psychologist, Substance Dependence Treatment Program (SUDEP)

Dr. Bolte is a licensed psychologist whose time is devoted to two clinics within the Substance Dependence program, including Residential Rehabilitation and Dual Diagnosis. She has also worked in several clinics in the Mental Health Care Line throughout the medical center during her predoctoral and postdoctoral training. She has been employed at the

Cincinnati VA as a member of the professional staff since August 2008, where she also completed her internship. Her clinical specialty areas include the interaction and transaction between addiction, trauma, and personality pathology. Her orientation to therapy is a relational-based, process-oriented approach that is informed by interpersonal and psychodynamic therapies, as well as strategies from Dialectical Behavior Therapy, Seeking Safety, and Motivational Interviewing. She is especially interested in the expression of depressive and trauma symptoms through compulsive and other compensatory behaviors. She serves as the major rotation supervisor for the Residential Rehabilitation unit, and also supervises a minor rotation in issues specific to women. Along with Dr. Jonathan Steinberg, she co-facilitates trainings in Motivational Interviewing for psychology interns, psychiatry residents, and other clinical staff.

Amy Buckley, Ph.D.

University of Louisville, 2003

Staff Psychologist, PTSD and Anxiety Disorders Division

Co-Lead Clinician, Women's Residential PTSD Program

Cincinnati VA Evidence-Based Psychotherapy (EBP) Coordinator

Dr. Buckley obtained her PhD from the University of Louisville after having completed her predoctoral internship at the University of Illinois Medical Center at Chicago (UIC), Department of Psychiatry specializing in stress and anxiety disorders and cognitive behavior therapy. She also completed her postdoctoral fellowship at UIC, receiving clinical training in the Stress and Anxiety Disorders and Obsessive Compulsive Disorders Clinics as well as additional research training in The Brain-Body Center. She held a faculty position in the PsyD program at Spalding University in Louisville, KY before choosing to return to full-time clinical work joining the Cincinnati VA PTSD and Other Anxiety Disorders Division staff in 2008. In her current position, she provides diagnostic assessments, individual and group treatment to Veterans with PTSD as well as providing empirically-supported treatments to Veterans with other anxiety disorders (e.g., obsessive compulsive disorder, panic disorder, agoraphobia, social anxiety disorder, and generalized anxiety disorder). Her clinical and research interests include etiology and treatment of anxiety disorders, mechanisms of change involved in treatment outcome, and implementation of evidence-based treatments for anxiety and related disorders. Her theoretical orientation is cognitive-behavioral.

Nicola K. Caldwell, Ph.D.

University of Pittsburgh, 2003

**Staff Psychologist, PTSD and Anxiety Disorders Division
Coordinator, Residential PTSD Programs**

Dr. Caldwell completed her Ph.D. at the University of Pittsburgh and her post-doctoral training with the United States Army where she served as an Active Duty officer at the rank of Captain providing a full range of psychological services for eligible military personnel and their dependents. She is a staff psychologist in the PTSD and Anxiety Disorders Division, lead therapist for the men's PTSD residential program, and the coordinator for all residential PTSD programs. Working primarily in the residential programs, Dr. Caldwell provides individual and group psychotherapy utilizing cognitive behavioral approaches within an integrated client-centered, humanistic and systems theoretical framework. She also conducts diagnostic assessments for both outpatient and residential programs. Dr. Caldwell provides supervision for interns in the areas of diagnostic assessment and individual and group psychotherapy. From a clinical and research perspective, she is interested in treatment outcomes, and exploring conduits to bridging the research to practice gap.

Kathleen M. Chard, Ph.D.

Indiana University, 1994

Director, PTSD and Anxiety Disorders Division

Dr. Chard is the Director of the PTSD and Anxiety Disorders Division and she holds an Associate Professor of Clinical Psychiatry appointment at the University of Cincinnati. In her position she oversees the outpatient and residential PTSD and Anxiety disorder treatment programs. Dr. Chard is also the Director the National VA CPT Dissemination Initiative designed to provide training and consultation in Cognitive Processing Therapy to clinicians throughout the VA system. Dr. Chard completed her Ph.D. at Indiana University and her postdoctoral training at the Center for Trauma Recovery in St. Louis, Missouri. Her prior positions were as an Associate Professor and the Director of the Center for Traumatic Stress Research at the University of Kentucky.

Dr. Chard is the creator of Cognitive Processing Therapy for Sexual Abuse

and she is co-author of the Cognitive Processing Therapy: Veteran/Military manual. Dr. Chard's research interests include examining the effectiveness of empirically supported, cognitive treatments for the treatment of Posttraumatic Stress Disorder, as well as the mediating effects of positive psychology variables on treatment outcome. She currently has research funding from the VA and Department of Defense to study CPT, PCT and ACT with returning Veterans and to examine treatment for Veterans suffering from PTSD and traumatic brain injury. Dr. Chard has over 25 peer reviewed manuscripts and numerous presentations related to PTSD and efficacy-based treatments.

Babette Plummer Craig, Ph.D.

University of Cincinnati, 1989

Staff Psychologist, Mental Health Clinic

Dr. Craig's involvement in the Mental Health Clinic includes provision of individual psychotherapy, group psychotherapy and marital /family therapy. Her theoretical orientation is primarily interpersonal although she employs other therapeutic approaches, as beneficial to the special needs of her patients. Mood disorders, substance abuse disorders, marital/family discord, and trauma issues are her chief treatment interests. Dr. Craig has rendered other support to the Cincinnati VA Medical Center in her capacity as a staff psychologist in the Employee Assistance Program (EAP). In this role, her clinical services has helped Medical Center employees address problems that might adversely affect

job performance, reliability, or personal health. Among Dr. Craig's other specialties is consultation on issues of diversity both within the Medical Center and in the private sector. In 2003, she played a significant role in the development and implementation of a diversity program at the Medical Center. A vigorous advocate of strong families, Dr. Craig also has served on various boards focusing on issues of children's advocacy and domestic violence. She has a separate private practice on a part-time basis.

Ryan Faulkner, Psy.D.

Wright State University, 2004

**Associate Director, PTSD and Anxiety Disorders Division
Outpatient Coordinator, PTSD and Anxiety Disorders Division**

In his position as Associate Director, Dr. Faulkner assists with the administration of the outpatient and residential PTSD and Anxiety Disorder treatment programs. Clinically, he provides diagnostic assessment as well as individual and group psychotherapy within the PTSD and Anxiety Disorders Division of the Cincinnati VAMC. His clinical work is an integration of interpersonal process and cognitive-behavioral approaches. His current clinical interests are primarily in the areas of trauma as well as comorbid anxiety, depression, and personality disorders. In addition, he has clinical experience working with substance abuse and other dual diagnosis conditions. Dr. Faulkner also provides intern supervision in the areas of individual and group psychotherapy as well as diagnostic assessment.

Prior to coming to the Cincinnati VAMC, Dr. Faulkner was employed with a community mental health agency where he served as the community and treatment liaison to the Northern Kentucky adolescent drug courts as part of a 3-year SAMHSA grant. As part of this position, Dr. Faulkner provided clinical and administrative oversight to the intensive outpatient treatment providers of 3 adolescent drug courts in the region, coordinated the development of appropriate process and outcome measures in order to evaluate the effectiveness of the treatment program, coordinated IOP treatment with the court system, local school districts, and various social service agencies, and developed and maintained community contacts in order to increase appropriate adolescent referrals and participation in drug courts and IOP treatment.

Janell Giannitelli, Psy.D.

Xavier University, 2004

**Associate Director, Psychology Training Program
Staff Psychologist, Bellevue, KY Community Based Outpatient Clinic
(CBOC)**

Dr. Giannitelli works in one of the Cincinnati VAMC's Community Based Outpatient Clinics (CBOC). The clinic is located in Bellevue, Kentucky

(which is across the river from downtown Cincinnati) and is designed to offer outpatient services to Veterans in a location closer to where they live. The clinic offers services in primary care, nurse triage and anticoagulation, lab work, psychology, psychiatry, social work, optometry, pharmacy, and nutrition. Dr. Giannitelli provides individual and group therapy, psychological assessment, and psychoeducational classes to Veterans with a wide range of presenting problems. Her clinical approach is an integration of cognitive-behavioral and interpersonal process techniques. She adapts her approach to therapy based on the individual needs of each client. Dr. Giannitelli values multidisciplinary collaboration and strives to facilitate comprehensive care for her clients, especially clients dealing with health issues. She also enjoys taking part in the training program and supervising interns and practicum students. In her position as Associate Director of the Psychology Training Program, she assists with the development and management of the predoctoral internship and clinical practicum training programs.

Dan Glynn, Psy.D., H.S.P.P.

Wright State University, 1998

**Staff Psychologist, Dearborn County, IN and Hamilton County, OH
CBOCs**

Dr. Glynn received his Psy.D. in 1998 from Wright State University. He was licensed in Ohio in 1999 and in Indiana in 2007. He spent many years in community mental health centers providing therapy, assessments, and supervision of graduate students. He also worked at several private practices, and was an adjunct professor at Wright State and Xavier Universities. In addition to his time at the VA, he also works at Community Mental Health Center, Inc, of Lawrenceburg, Indiana where he serves as the North Coordinator of Psychological Services. He has been trained in dialectical behavior therapy, and he uses DBT, CBT, and humanistic approaches in his work.

Nalda Gordon, Psy.D., Dr.P.H.

Loma Linda University, 2002

**Staff Psychologist, Treatment Recovery and Activity Center
(TRAC)/Psychosocial Recovery and Rehabilitation Center (PRRC)**

Dr. Gordon works full time in the Treatment Recovery and Activity center, an outpatient recovery based PRRC program. The purpose of the PRRC (Psychosocial Recovery and Rehabilitation Center) is to help Veterans with severe mental illness learn the skills to live a productive fulfilled life, given that they have, or in spite of having a severe mental illness. In this setting, Dr. Gordon mainly provides treatment through psychoeducational and psychotherapeutic groups. She also provides some individual therapy.

Dr. Gordon tends toward a psychodynamic theoretical approach, but prefers to be eclectic in practice, believing that the varying needs of clients, necessitate varying treatment approaches. Dr. Gordon completed her doctoral work at Loma Linda University in California. She also completed a doctoral degree in Preventive Care, a public health degree applying preventive practices and emphasizing lifestyle change to maintain and foster wellness and health. She completed her pre doctoral internship at the Cincinnati VA hospital and later worked in a dual diagnosis capacity for several years. Most recently she came back to the Cincinnati VA, from the Waco VA in Central Texas, where she worked as the staff psychologist on an inpatient psychiatric ward. She also enjoyed supervising interns, practicum students and unlicensed /early career psychologists.

Dr. Gordon has interests in women's issues, trauma including DID, religion/spirituality, health and wellness, and is passionate about fostering an environment that helps people to recover.

David J. Greenwald, Ph.D.

University of Pittsburgh, 1983

Staff Psychologist, PTSD and Anxiety Disorders Division

Dr. Greenwald provides diagnostic assessments, along with individual and group psychotherapy using the Cognitive Processing Therapy model in the treatment of PTSD for both the outpatient and residential programs. He also provides outpatient treatment for other anxiety disorders, using a combination

of Cognitive Behavior Therapy and behavioral interventions. His theoretical orientation is Cognitive-Behavioral, and he has a background in strategic family therapy.

Prior to coming to the VA, he worked for 11 years as a clinical psychologist in physical medicine and rehabilitation units, where he provided both inpatient and outpatient treatment for those who had sustained a wide variety of physical injuries and illnesses. During that time, he also provided consultation-liaison services on medical/surgical units in two large medical/surgical hospitals. Dr. Greenwald was a member of the team that developed the partial hospital program at the Good Samaritan Hospital in Cincinnati in 1992, where he also designed, and continues to facilitate, the Cognitive-Behavioral therapy groups, and where he collaborates on diagnostic assessments. In addition, as part of his private practice, he has 14 years of experience in providing litigation support services. This included the evaluation of individuals involved in civil forensic cases, including workers' compensation, personal injury, and fitness for duty, along with consultation services to attorneys to aid in their preparation for cross examination. He has frequently served as an expert witness in deposition and live courtroom testimony as a component of his forensic work. Dr. Greenwald has been on the adjunct faculty of the University of Pittsburgh and the University of Illinois at Springfield.

Mary Hagerty Bruns, Psy.D.

University of Indianapolis, 2007

Staff Psychologist, Outpatient Substance Dependence, Dual Diagnosis Program

Dr. Bruns works in the Dual Diagnosis Program, providing individual and group therapy for Veterans with mental health and substance dependence disorders. A portion of her time is also spent in individual therapy with Veterans active in the SA/PTSD, Buprenorphine, & Opiate Substitution clinics. In addition to her Dual Diagnosis work, she co-leads an outpatient substance dependence therapy group and teaches an education class on Interpersonal Effectiveness. Dr. Bruns utilizes integrated dual diagnosis treatment, interpersonal therapy and process approaches in individual and group therapy. She also provides time-limited cognitive-behavioral treatments and employs dialectical behavior therapy based on individualized patient needs.

Dr. Bruns completed her pre-doctoral internship at the Cincinnati VA Medical Center in 2007 with a focus on substance dependence and PTSD. She was employed by a community mental health center before returning to the VA. There she was head of treatment for the county Drug Court Program and assisted with the implementation of a dialectical behavior therapy program for substance dependent patients.

Wes S. Houston, Ph.D.

University of Cincinnati, 2001

Director, Neuropsychology Clinic

Dr. Houston is a clinical neuropsychologist who received his Ph.D. in Clinical Psychology from University of Cincinnati, and completed internship and postdoctoral fellowships at the VA San Diego Healthcare System/University of California, San Diego, with an emphasis in Clinical Neuropsychology and functional neuroimaging. He works closely with the rest of the Neuropsychology team consisting of Drs. Rigrish, Parkinson and Schmerler. He is involved in the training of graduate students, predoctoral interns and postdoctoral fellows in both the general neuropsychology clinic and a weekly Geriatric Cognitive Disorders Clinic. He also participates in the weekly didactic neuropsychology seminar. Areas of clinical and research interest include age-related cognitive decline, neuropsychological functioning in preclinical dementia, and recent a recent focus on neuropsychological functioning in Veterans with mild TBI/PTSD. Professional memberships include the American Psychological Association and the International Neuropsychological Society, and he serves as an ad-hoc reviewer for several neuropsychology journals.

Jennifer Lewis, Ph.D.

Western Michigan University, 2003

Staff Psychologist, PTSD and Anxiety Disorders Division

Coordinator, US AF/DoD Sharing Agreement

Dr. Lewis completed her Psychology Internship at the Cincinnati VAMC in 2000. Dr. Lewis conducts diagnostic assessment and group and individual therapy for Veterans with Anxiety and Posttraumatic Stress Disorders in both residential and outpatient programs. Dr. Lewis provides supervision for interns in the areas of diagnostic assessment and individual and group

psychotherapy from a cognitive behavioral orientation. She is also the primary facilitator on a sharing agreement between the United States Air Force and Department of Defense in which clinicians from the field come to the PTSD Residential Programs for intensive training in diagnostic assessment and treatment of PTSD utilizing Cognitive Processing Therapy. Dr. Lewis is also a primary therapist on a research study comparing Cognitive Processing Therapy and Present Centered Therapy with returning OIF/OEF Veterans.

Alyssa M. Lieb, Psy.D.

Pacific University, 2009

Residential Rehabilitation Service of the Substance Dependence Programs

Dr. Lieb's position on the residential rehabilitation unit is primarily devoted to group and individual psychotherapy, psychodrama, and diagnostic consultation. She provides mindfulness education to Veterans participating in both residential and outpatient services and facilitates a Mindfulness-Based Relapse Prevention (MBRP) course to support and enhance recovery by cultivating self-awareness and mindful action through the integration of meditation practice and concepts of relapse prevention. Issues related to group process, gestalt theory and practice, mindfulness meditation, and the integration of creative and holistic approaches in addiction treatment are some of her special interests.

Juana M. Raquel Maymir, Ph.D., ICDC III

University of Cincinnati, 1998

**Staff Psychologist, Home Based Primary Care Program
Bellevue, KY and Clermont County, OH**

Dr. Maymir works in the HBPC program, which provides comprehensive, interdisciplinary primary care services in the homes of Veterans in advanced stages of chronic disease, particularly those at risk of recurrent hospitalization or nursing home placement. The interdisciplinary team consists of a physician, nurses, social workers, physical and occupational therapists, and a dietician. Dr. Maymir provides mental health prevention, assessment, treatment, management and professional consultation services. Dr. Maymir's clinical orientation incorporates cognitive behavioral approaches with other

therapeutic orientations to serve the needs of the patients. By integrating her expertise in clinical psychology and chemical dependency with her fluency in the Spanish language and culture, Dr. Maymir developed the first program for assisting the Hispanic community in the Cincinnati area with DUI problems. Consequently, she founded the first Alcoholics Anonymous program for the Hispanic Community in Cincinnati. In addition to her responsibilities with the Veterans Administration Medical Center, Dr. Maymir provides affordable mental health services for the poor and underserved through her work at a community agency. Dr. Maymir served for several years on various advisory boards dedicated to mental health services and Hispanic issues.

Chris Meshot, Ph.D.

Miami University, 1993

Staff Psychologist, Primary Care/Mental Health Integration Program

Dr. Meshot is a member of the Primary Care Mental Health Integration [PCMHI] team. The PCMHI program is located in the Primary Care area of the main hospital. The team collaborates with the primary care staff to provide mental health services: consultation, psychiatric evaluation, short-term psychotherapy, and education. The relationship between health issues and mental health issues is a key component of the services the team offers. Dr. Meshot adopts an existential personal construct theoretical perspective with an emphasis on interpersonal dynamics. He has worked in a variety of settings including partial hospitalization programs for adolescents, community mental health, and a group private practice. His areas of interests include treatment of chronic depression and spiritual/religious development.

Juris P. Mezinkis, Ph.D.

Bowling Green State University, 1976

Assistant Director, Mental Health Care Line (MHCL)

Director of Quality Improvement for the MHCL and Substance

Dependence Treatment Programs (SUDEP)

Staff Psychologist, SUDEP

Dr. Mezinkis has thirty years of clinical experience in providing psychotherapy to adults, adolescents and children. His conceptual approach and therapeutic style are cognitive with an emphasis on the therapeutic relationship. The major focus of his clinical and research work is with

chemically dependent persons. He has eight published research articles, thirteen published abstracts and twenty other scientific presentations at national and international conferences. He has coauthored a drug craving scale that has become a standard in NIDA-sponsored clinical trials. He coordinates quality management activities for the Mental Health Care Line and for the Substance Dependence Programs.

Shanna Murray, Ph.D.

Bowling Green State University, 2008

Graduate Psychologist, Substance Abuse/PTSD (SA/PTSD) Program

Dr. Murray works in the Substance Abuse/PTSD program, facilitating group and individual therapy using a variety of approaches including Seeking Safety, Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE), motivational interviewing, harm reduction, and interpersonal therapy. She completed a PTSD post-doc at the VA Long Beach which focused on the treatment of PTSD in Veterans across the various war eras. At the VA Long Beach, she co-facilitated groups on PTSD/combat-stress, mindfulness and PTSD, PTSD and anger management and began a WWII/Korean war Veteran group and CPT group. Dr. Murray completed her internship at the VA Hines where she focused on gaining training in PTSD, substance use, and health psychology. Dr. Murray has broad clinical and research interests in the areas of empirically based treatments and in health psychology, including craving and relapse, weight loss, and cancer and compliance with health care treatment.

Nancy W. Nagel, Psy.D.

Wright State University, 2006

Director, Intensive Pain Rehabilitation Program

Dr. Nagel is a Pain Psychologist working in the Multidisciplinary Pain Clinic. Her primary focus is the direction of an intensive outpatient program for Veterans struggling with Chronic Pain Syndrome. The Intensive Pain Rehabilitation Program (IPRP) is based on the biopsychosocial model which recognizes the complex interactions among physical pathology, mental health, stress, and environmental factors and the experience of pain. Her work in the Pain Clinic is of a collaborative nature and includes regular consultation with anesthesiology, physiatry, nursing, physical therapy, and psychiatry. The

Pain Clinic is a busy specialty unit that receives almost 1000 referrals each year from primary care physicians. Dr. Nagel's role in the Pain Clinic also includes performing biofeedback and psychosocial pain assessments to assist the medical providers in making treatment decisions related to issues such as narcotic usage and special surgical procedures that require optimal patient compliance. Her primary research interest is related to multidisciplinary pain treatment outcomes. She is currently collecting pre and post-treatment outcome data using the Pain Outcomes Questionnaire-VA (POQ-VA).

R. Bruce Parkinson, Ph.D.

University of Florida, 2006

Staff Psychologist, Neuropsychology; PTSD and Anxiety Disorders Division

Dr. Parkinson completed a VA internship at the University of Alabama at Birmingham Psychology Training Consortium, and then did a post-doctoral fellowship at the University of Iowa in the Department of Neurology from 2006 to 2008. He provides clinical services and supervision of students, interns, and post-docs at both the Neuropsychology Clinic in Cincinnati and at the Fort Thomas facility. Clinical responsibilities in the Neuropsychology Clinic include conducting neuropsychological assessments for patients with a wide variety of conditions which can affect cognition, including traumatic brain injury, dementia, stroke, seizure disorders, movement disorders, and psychiatric disorders. At Fort Thomas he conducts neuropsychological assessments for Veterans participating in the Residential PTSD/TBI Treatment program, and consults with other members of the residential treatment team regarding the effects of TBI and the Veterans progress in the program. At Fort Thomas he also conducts out-patient neuropsychological assessments for Veterans referred through the PTSD and Anxiety Disorders Division.

Jennifer L. Perry, Ph.D.

University of Houston, 2004

Staff Psychologist, Primary Care-Mental Health Integration & Hospice and Palliative Care

Dr. Perry is part of the Primary Care-Mental Health Integration (PC-MHI)

team, a group of mental health providers who work with medical staff to care for patients seen in the primary care clinic, as well as part of the Hospice and Palliative Care team. She completed her internship at the VAMC in White River Junction, Vermont and completed a Health Psychology fellowship at The University of Texas Medical Branch (UTMB), in Galveston, Texas. During her fellowship, Dr. Perry primarily worked with inpatient and outpatient adult and pediatric burn survivors at UTMB and Shriners Hospitals for Children-Galveston, as well as worked with adults in two medical outpatient clinics at UTMB. After her fellowship, she became an Instructor in the Department of Surgery at UTMB where she was involved in both clinical and research activities in the area of burn injuries. Dr. Perry joined the Cincinnati VAMC staff in the fall of 2009.

Racheal Rauck, Psy.D., H.S.P.P.

Xavier University, 2006

Staff Psychologist, Dearborn County, IN Community Based Outpatient Clinic (CBOC)

Dr. Rauck works full time in the Dearborn County CBOC providing outpatient mental health services to a wide variety of Veterans. Prior to coming to the Cincinnati VAMC, Dr. Rauck was a full time psychologist at the Madison State Hospital in Indiana. While at Madison, she worked with multidisciplinary teams to provide treatment services on the male and female high acuity inpatient units and to patients holding a forensic status. She also managed the clinical supervision of social work and psychology staff that were implementing the Illness, Management, and Recovery program at the hospital. Dr. Rauck interned at the Cincinnati VAMC with major rotations in the Mental Health Clinic and the PTSD and Anxiety Disorders Division. She worked full time with dually diagnosed juvenile sex offenders and children with emotional-behavioral challenges prior to attending graduate school. Her undergraduate degree majors were in psychology and sociology with a minor in criminal justice. Her areas of interest include the assessment and treatment of serious mental illness, PTSD, and clients with forensic issues. She tends to conceptualize clients from a biopsychosocial perspective while implementing CBT and interpersonal treatment techniques. Dr. Rauck is a proponent of utilizing recovery based strategies to empower clients and encourage them to take ownership of their treatment goals and personal recovery.

Diana Rigrish, Psy.D.

Wright State University, 1988

Staff Psychologist, Neuropsychology

Dr. Rigrish came to the Cincinnati VA Medical Center with a nursing background. The focus of her predoctoral internship was in clinical neuropsychology and health psychology. She received postdoctoral training in neuropsychology under the mentorship of Dr. Edwin Barrett at the Cincinnati VA Medical Center and Dr. Douglas Ris at the Children's Hospital Medical Center. Upon completing her postdoctoral training, she worked part time at the Cincinnati VA and part time at the University Hospital Epilepsy Monitoring Unit conducting neuropsychological assessment. She has been full time at the VA since 1993. Currently, her primary clinical responsibility is to provide neuropsychological assessment to Veterans referred to the neuropsychology laboratory. She works closely with Drs. Wes Houston, Parkinson, and Schmerler in providing training to interns, postdoctoral fellows, graduate students, and medical residents.

Jeanne R. Schmerler, Psy.D.

Xavier University, 2003

Staff Psychologist, Neuropsychology

Dr. Schmerler is a clinical neuropsychologist who recently joined the Neuropsychology Clinic at the Cincinnati VAMC. She completed her internship at the Cincinnati VAMC and then completed a post-doctoral fellowship at Drake Center, a rehabilitation hospital where she provided both inpatient and outpatient treatment for those who had sustained a wide variety of physical injuries and illnesses. After serving as a staff neuropsychologist at Drake Center, Dr. Schmerler joined a neurology/neurosurgery group as their neuropsychologist. She continues to maintain an active clinical practice. At the CVAMC, she provides clinical services and supervision of students, pre-doctoral interns, and post-doctoral fellows at the Neuropsychology Clinic. She also participates in a weekly didactic neuropsychology seminar and is a member of the Polytrauma Interdisciplinary Treatment Team. Her clinical responsibilities include conducting neuropsychological assessments for Veterans who have cognitive complaints secondary to traumatic brain injury, dementia, stroke, seizure disorders, movement disorders, and psychiatric disorders.

Jeremiah A. Schumm, Ph.D.

Kent State University, 2005

Staff Psychologist, PTSD and Anxiety Disorders Division

Dr. Schumm completed his internship at the Boston Consortium in Clinical Psychology. Prior to joining the Cincinnati VA, Dr. Schumm was Instructor of Psychology at Harvard Medical School. In addition to his position as Staff Psychologist at the Cincinnati VA, Dr. Schumm holds a joint appointment as Assistant Professor of Clinical Psychiatry at the University of Cincinnati. He values his role as scientist-practitioner within the VA and the opportunities to merge clinical research with practice. His primary interests are in PTSD, substance use disorders, and partner violence. He has over twenty publications in peer-reviewed journals, has written ten book chapters, and has twenty-five national or international presentations. Dr. Schumm has received grant funding from multiple sources, including an ongoing VA Career Development Award to develop an integrated couple-based treatment for alcohol use disorders and PTSD. He is a trainer for the US Air Force in the delivery of cognitive-behavioral conjoint therapy for PTSD and also has expertise in behavioral couples therapy for alcohol use disorders. Dr. Schumm's secondary areas of interest are in the application of advanced multivariate statistical techniques to clinical research and in improving the understanding of PTSD, substance use disorder, and partner violence among women and underresearched populations. He currently supervises interns on a research minor rotation or students who would like to gain specialized clinical training in couple-based treatment of substance use disorders and PTSD.

Mindy R. Sefferino, Psy.D.

Wright State University School of Professional Psychology, 2006

Staff Psychologist, Primary Care/Mental Health Integration Program

Dr. Sefferino works part-time for the Substance Dependence Program as a member of the Primary Care/Mental Health Integration (PCMHI) Team, which is located in the Primary Care Clinic. The PCMHI team collaborates with Primary Care staff to address the mental health needs of their patients. Dr. Sefferino also works in a group private practice, providing individual therapy and psychological assessments for adolescents and adults. Prior to her doctoral training, she earned her MA in Counseling Psychology from the

University of Notre Dame. Dr. Sefferino completed her post-doctoral fellowship at Wright State University Counseling and Wellness Services. During her fellowship, she was also an adjunct professor in the undergraduate program and in the School of Professional Psychology. Dr. Sefferino utilizes an integrative approach to therapy, incorporating primarily interpersonal, cognitive-behavioral, and motivational interviewing concepts.

Rachelle Sekerka, Ph.D.

Miami University, 1991

Staff Psychologist, Dual Diagnosis Program

In her half-time clinical role, Dr. Sekerka treats outpatients who carry both substance dependence and psychiatric diagnoses. As a founding member of the Dual Diagnosis Clinic team, she helped design and implement many elements of that program. She utilizes both supportive and insight-oriented therapy models, approaching the therapeutic task from a Sullivanian perspective. Dr. Sekerka has a background in work with children and families, including play therapy, family therapy and crisis assessment with adolescents. Another area of major professional interest is the process of psychotherapy, from the perspectives of both practitioner and supervisor. She has a strong interest in the area of multidisciplinary collaboration and works to enhance training experiences throughout the Medical Center with this focus in mind. She is also involved in substance dependence research, specifically investigating potential pharmaceutical solutions to cocaine addiction.

Jonathan L. Steinberg, Ph.D.

Miami University, 1991

Coordinator, Substance Abuse/PTSD (SA/PTSD) Program

Dr. Steinberg's training emphasized psychodynamic therapies, but he has developed an integrative approach that utilizes more symptom focused techniques. He has a longstanding interest in group psychotherapy and employs cognitive behavioral and interpersonal process approaches. His work in the SA/PTSD program incorporates evidence based therapies such as Seeking Safety, Motivational Interviewing, and Prolonged Exposure while maintaining a broader attentiveness to the therapeutic process. When doing clinical supervision he enjoys working with interns as they formulate their own ways of integrating and implementing therapeutic approaches that they

have learned.

Prior to joining the SA/PTSD program in 2002, Dr. Steinberg worked in the Cincinnati VA's PTSD program for 10 years. He enjoys teaching and provides training workshops on Motivational Interviewing to psychology interns, psychiatry residents, addiction fellows and VA staff. He holds an Assistant Professor of Clinical Psychiatry appointment at the University of Cincinnati and is a member of the Motivational Interviewing Network of Trainers (MINT). Dr. Steinberg serves as a trustee of the Hamilton County Community Mental Health and Recovery Board, which allocates public money to Cincinnati area mental health and substance abuse treatment services.

Jennifer L. Sudbrack, Ph.D.

Miami University, 2002

Patient Care Coordinator for Mental Health, Florence, KY (CBOC)

Dr. Sudbrack provides psychological services at the Cincinnati VAMC Community Based Outpatient Clinic (CBOC) located in Florence, KY. The CBOCs are VA outpatient clinics offering primary care, mental health, and select other specialized medical services to Veterans at locations more convenient to where they live. In addition to providing direct patient care, Dr. Sudbrack serves as Patient Care Coordinator for Mental Health at the Florence location and as Lead Psychologist for the five CBOCs of the Cincinnati VAMC.

Dr. Sudbrack's primary areas of professional interest are eating disorders, body weight and shape concerns, PTSD, and self-management of chronic illness. She has been trained in a variety of approaches to psychotherapy, and she regularly makes use of techniques from diverse models, including client-centered, cognitive, feminist, group process, and family systems theories. However, her clinical work is most influenced by the theoretical perspective of archetypal psychology. Her approach to supervision of interns is guided by the intern's clinical skill and professional development. She invites interns to explore a variety of theoretical perspectives and interventions and enjoys working with them to discover and refine their own approach to the work.

Jessica H. Thiede, Psy.D.

Wright State University, 2006

**Staff Psychologist PTSD & Anxiety Disorders Division, OEF/OIF
Clinic**

Dr. Thiede completed her doctoral degree in 2006, from Wright State University. Her post-doctoral work took place in a private practice doing individual, couples family therapy, LD, ADHD, and personality evaluations; and in a teaching and assessment center doing assessments, program development and implementation. As a staff psychologist in the PTSD and Anxiety Disorders Division, she is located in the Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) Clinic. Her role in the OEF/OIF Clinic is to provide crisis intervention, evaluation, diagnosis, triage, and treatment for returning Veterans. She also provides consultation services to the multidisciplinary staff of physicians, psychiatrists, RNs, LPNs and Social Workers in the clinic. Dr. Thiede's therapeutic interventions include cognitive behavioral, solution focused and interpersonal approaches within a developmental and systems framework. She provides supervision for interns in the areas of consultation, diagnostic assessment and psychotherapy. From a clinical and research perspective, she is interested in ADHD, trauma and recovery, the impact of patient-provider relationships on health and well-being, assessment, program development, and integrated delivery of health care. Dr. Thiede also has a part-time private practice where she specializes in assessment of ADHD and learning disorders; and serves as a consultant regarding accommodations and remedial learning services.

Angela Vredevelde, Psy.D.

Indiana State University, 2009

Staff Psychologist, Compensation and Pension Program

Dr. Vredevelde works full time in the Compensation and Pension Program (C&P). Her primary role is conducting mental health evaluations and writing reports, reports which are then used by legal raters to assist in the determination of a Veteran's degree of disability. Dr. Vredevelde completed her predoctoral internship at the Cincinnati VA and has been employed as a full-time staff member since 2010. Her interests lie in psychological assessment, the incorporation of religion and spirituality into treatment, and the role of psychology in responding to humanitarian conflicts worldwide.

Her orientation is interpersonal and humanistic. She worked in private practice prior to being employed at the VA.

Kristen H. Walter, Ph.D.

Kent State University, 2009

Graduate Psychologist, PTSD and Anxiety Disorders Division

Dr. Walter is a graduate psychologist at the PTSD and Anxiety Disorders Division of the Cincinnati VAMC. She has been employed as staff since the completion of her clinical psychology internship in the PTSD track at the Cincinnati VAMC. In her position, she provides cognitive-behavioral treatments for the residential (men's, women's, and/or PTSD/TBI) and outpatient (individual and couples) PTSD programs. Additionally, she has research responsibilities that include evaluating treatment outcome for empirically-supported treatments for PTSD. Her primary research interests are in the areas of PTSD and traumatic brain injury (TBI). More specifically, she is interested in the treatment of PTSD in the context of co-occurring PTSD and history of TBI. Dr. Walter has published peer-reviewed articles on several aspects of PTSD, including neuropsychological functioning, treatment outcome, and the role of resources in the development and maintenance of the disorder. She currently supervises psychology interns on a PTSD research minor rotation.

Tobias C. Weiss, Psy.D.

Xavier University, 2003

Staff Psychologist, PTSD and Anxiety Disorders Division

Dr. Weiss divides his time between the men's and women's residential PTSD programs and the outpatient PTSD program. Dr. Weiss provides diagnostic evaluations, individual psychotherapy, group psychotherapy, and couples psychotherapy. His clinical work integrates cognitive-behavioral with object relations/psychodynamic theoretical orientations. Dr. Weiss completed his Psy.D. at Xavier University, and, prior to his work with the Cincinnati VAMC, worked in outpatient community mental health managing a caseload of individual therapy clients and performing guardianship evaluations for Campbell County, KY. Dr. Weiss has extensive experience in psychological assessments having worked in various hospital, outpatient, and forensic settings. His current areas of interest include: supervision, group process

work, and integrating holistic approaches in residential settings. Dr. Weiss is currently working to develop a PTSD residential therapy group that combines the principles of Aikido (a defensive martial art) with conflict resolution/anger management skills. In addition, Dr. Weiss participates in various research projects focusing on the treatment of PTSD and related disorders.

Crystal L Williams, Psy.D.

Wright State University, 2008

Staff Psychologist, Mental Health Clinic

Dr. Williams is a staff psychologist in the Mental Health clinic within the Outpatient Mental Health Division. Her primary clinical responsibilities include individual, group, and couple therapy. She completed her predoctoral internship at this facility and has been employed as a full-time staff member since September 2008. Her current clinical interests focus on trauma-related issues and the usefulness of mindfulness-based treatments for a number of medical and psychiatric conditions including chronic pain, depression, anxiety, substance abuse, and stress.

Sheri M. Wirtz, Psy.D.

Xavier University, 2004

Staff Psychologist, Compensation and Pension Program

Dr. Wirtz works full time in the Compensation and Pension Program (C&P). The purpose of the C&P program is to evaluate Veterans who are claiming a disability that was caused by or occurred during their military service. Those Veterans who are found to have a service-connected disability are then paid monthly compensation for their average loss of earning potential due to their disability. Dr. Wirtz's role in this process is to conduct independent mental health evaluations which include interviewing the Veteran and reviewing his/her medical record, and then sending a report to the regional office describing the Veteran's diagnosis. The description of this diagnosis typically includes how the diagnosis may or may not be related to the Veteran's military experiences, and discusses the social and occupational impairments caused by the psychological symptoms. Exams and reports are written for legal purposes, rather than being treatment-focused. Dr. Wirtz's interests lie

in geropsychology, physical rehabilitation, neuropsychology, and health psychology. Her orientation is primarily cognitive-behavioral, and, prior to coming to the VA, she worked at a local rehabilitation hospital as well as in a geropsychology practice.

Brian Zinnbauer, Ph.D.

Bowling Green State University, 1998

Chief, Psychology Program

Director, Psychology Training Program

Clinical Director, Homeless and Therapeutic Work Division

As Chief of the Psychology Program, Dr. Zinnbauer advises Medical Center leadership on issues pertaining to professional aspects of our discipline such as credentialing and privileging, continuing education, resource management, hiring of psychologists, and training of students. In his position as the Director of the Psychology Training Program, Dr. Zinnbauer is responsible for the development and management of the predoctoral internship and clinical practicum training programs.

Dr. Zinnbauer also provides psychological services to Veterans in the Homeless and Therapeutic Work Division of the Mental Health Care Line located at the Domiciliary in Ft. Thomas, KY. Dr. Zinnbauer's clinical work draws upon cognitive therapy, interpersonal process, addictions treatment, and positive psychology. He also has a professional interest in writing, research, and clinical applications of the psychology of religion and spirituality. Dr. Zinnbauer's approach to intern supervision includes a developmental approach to understanding interns' clinical skills and professional development. For outpatient psychotherapy supervision he emphasizes understanding interpersonal process, case conceptualization, and flexible strategies to deal with resistance in psychotherapy.

Clinical Internship

The predoctoral clinical internship program adheres to a scientist practitioner model of training. We emphasize the acquisition of basic diagnostic and therapy skills and the integration of these skills with psychological theory and research. Interns are also offered a variety of opportunities to learn more specific, evidence-based treatments within their rotations.

The internship year is structured to maximize exposure to a wide range of experiences, while offering sufficient concentration to provide depth of learning and to build expertise in particular areas. As such, we strive to balance the needs for generalist training with opportunities to focus on areas of specialization. Our goal is twofold: to support our interns' particular career interests while providing a well-rounded clinical training experience. Consistent with the APA guidelines on Accreditation, we strive to provide internship education and training in preparation for entry-level practice in professional psychology that is broad and professional in its orientation rather than narrow and technical.

There are four basic experiences built into the internship program: (1) major rotations, (2) minor rotations, (3) outpatient psychotherapy cases and (4) training conferences. Intern requests for combinations of rotations that are narrowly focused (e.g. assessment rotations in Neuropsychology and Health psychology) are evaluated by the training committee in light of the APA guidelines prior to rotation assignment.

Please Note: To be guaranteed a rotation in the Neuropsychology or PTSD programs, please apply to that match list (please see the later section on applying to the internship). Given the nature of the computer match, we cannot absolutely guarantee access to specific major rotations on the General Clinical Track. However, surveys of past interns found that 95% or more of interns in our program got their top choice of major rotations, and a large majority of interns were able to get their top two choices of major rotation.

Major Rotation Opportunities

Interns are assigned two six-month rotations in clinical settings during the internship year. These assignments are made during orientation week and are

tailored to each intern's specific needs, interests and goals. Interns' desires for rotation assignments are strongly considered. Interns spend approximately twenty-four hours per week on their major rotation assignments. Assessment experiences are provided within every major rotation.

Neuropsychology

The Neuropsychology rotation offers interns the opportunity to learn specialized skills when evaluating and working with neurologically compromised individuals, as well as assume the role of a consultant when working with patients from the Neurology, Neurosurgery, Psychiatry, Geriatric Medicine, Vocational Rehabilitation and General Medicine Services. Interns work closely with each of our four neuropsychology supervisors to learn varied methods for evaluating and assessing patients, and in the process develop and master their own evaluation and consultative skills. Typically, a flexible multi-test approach to assessment is employed to both quantify and qualify behavior. Our interns learn to administer, score and interpret multiple test procedures, gain case conceptualization skills and learn to prepare concise, well written reports.

The neuropsychology team includes our two interns, a pediatric neuropsychology postdoctoral fellow, 1-2 4th year practicum students and an occasional Geriatric Medicine, Psychiatry or Neurology resident. All are closely supervised by Drs. Houston, Parkinson, Rigrish and Schmerler. Each Monday morning begins with a didactic experience where papers, articles and book chapters are discussed and challenging ABPP style case presentations are reviewed. Approximately 20 - 25 patients are evaluated each week in the Neuropsychology clinic. The intern will be involved in the assessment of 3 to 4 of these patients, at times conjointly with the fellow or practicum student, and always with a supervisor. Interns typically write 2 to 3 reports a week during the Neuropsychology rotation.

During the six-month rotation, interns are exposed to a broad cross section of clinical neuropsychological disorders and neuropathological conditions. There are also numerous didactic opportunities. In addition to our weekly neuropsychology didactics, interns have the opportunity to attend neurology, neurosurgery, psychiatric and PMR grand rounds, didactic sessions with neurology and geriatric medicine residents, geropsychiatry seminars, and to participate in statewide neuropsychology peer review groups. The goal of the Neuropsychology rotation is not to "manufacture" a neuropsychologist, but

provide the psychology intern the opportunity to hone neuropsychological specialty skills and function comfortably as a medical center consultant. Completion of this rotation satisfies APA Division 40 guidelines for a neuropsychology internship and interns completing our program will be well-prepared for postdoctoral fellowship in neuropsychology. Our placement rate to postdoctoral fellowships in Neuropsychology is currently 100%.

Psychology staff who provide supervision in this rotation: Drs. Houston, Parkinson, Rigrish and Schmerler.

Posttraumatic Stress and Anxiety Disorders Program

The PTSD and Anxiety Disorders Program provides evaluation and treatment to Veterans who have experienced all types of trauma. These services are offered on an outpatient basis, as well as within one of three structured seven or eight week residential programs (men's, women's, PTSD/TBI). While many of our patients are of the Vietnam era, the program is open to all Veterans including those with trauma from World War II, the Korean War, the Persian Gulf, Iraq, Afghanistan, and other recent conflicts. Specialized services for women and men with military sexual trauma are also available. The program uses various forms of evidence based cognitive-behavioral interventions to help Veterans reduce their symptoms of PTSD and related disorders. These interventions can include Cognitive Processing Therapy, Prolonged Exposure, Seeking Safety, Present Centered Therapy, Cognitive-Behavioral Conjoint Therapy, and Dialectical Behavior Therapy for PTSD. Through these various treatments, Veterans are given an opportunity to identify, and begin processing pivotal traumatic experiences and to place these experiences within a broader life context. The program also offers groups on PTSD education for Veterans and their family members, as well as anger management, and coping skills building groups. In addition, the PTSD and Anxiety Disorders Program provides a variety of evidence based treatments for other anxiety disorders including panic, phobias, OCD, and GAD.

Interns become a part of the residential and/or the outpatient treatment program where they will join a multidisciplinary team providing services to Veterans with various types of trauma histories, including combat and sexual traumas. Their work includes assessment as well as individual and group therapy. Group therapy experiences include serving as a co-therapist in trauma/exposure work, anger management and cognitive-behavioral groups.

Psychological evaluation experiences include both general psychometric tests, as well as more specific instruments targeting PTSD symptoms. Interns learn skills that generalize to a variety of trauma populations. Emphasis is placed on treating PTSD symptoms and co-morbid conditions such as personality issues, other forms of anxiety and depression, limited social support, and other obstacles to recovery.

The PTSD and Anxiety Disorders Division also offers research experiences to interns either as part of their major rotation or as a separate minor rotation. The Division is very active in treatment outcome research, grant writing, and article writing. Interns have the opportunity to be involved at all levels, including mentorship in how to run a research study, how to write a grant, and how to submit an article for publication. In addition, the division has a sizeable database of information on Veteran's that is available to interns interested in writing articles or submitting to national conferences. Recent projects that interns were involved in were grant submissions to NIMH and VA on using Cognitive Processing Therapy (CPT) to treat Veterans who served in Iraq and their families, and comparing CPT to Present-Centered Therapy (PCT) among OIF/OEF combat Veterans.

Our placement rate for those interns who elect to pursue to post-doctoral fellowships in PTSD is currently 100%.

Psychology staff who provide supervision in this rotation:

Drs. Chard, Bailey, Buckley, Caldwell, Lewis, Schumm, Walter, and Weiss.

Acute Inpatient Psychiatric unit (7 N) and Partial Hospitalization Program (PHP)

The acute psychiatry unit is an 18 bed inpatient unit. Veterans who are placed on this unit are usually dealing with symptoms of a Severe Mental Illness (most common Major Depressive Disorder, Bipolar Disorder, Schizoaffective Disorder, and PTSD.) Also, we are increasingly seeing Veterans who are dealing with dementia as well as SMI symptoms. Patients struggling with substance abuse/dependence issues are sometimes hospitalized as a first step in dealing with their illness. Opportunities for the psychology intern include participation in multidisciplinary treatment teams and group psychotherapy. The intern also provides psychological testing as a way to clarify diagnosis and assist with treatment planning

The Partial Hospitalization Program (PHP) is an outpatient program affiliated

with the psychiatric unit. Veterans in PHP attend groups from 830 am -230 pm Mondays through Fridays. This program can be used as a step down from the inpatient unit but it also serves as a way to manage increased symptoms so that hospitalization is not necessary. The psychology intern will have the opportunity to handle consults to determine appropriateness for admission, perform admissions and develop treatment plans, provide group therapy, and possibly engage in some individual treatment. As appropriate, psychological testing could also be utilized to assist in diagnosis and treatment planning. In addition, participating in or leading psycho-educational groups could be made available if the intern was interested.

Psychology staff who provide supervision in this rotation:
Dr. Boehner.

Dual Diagnosis and SA/PTSD Services of the Substance Dependence Programs

The Dual Diagnosis Services include two programs - the Dual Diagnosis Program and the Substance Abuse/Post-Traumatic Stress Disorder (SA/PTSD) Program. The intern's time is divided between these two programs, with twelve hours per week allocated to each.

The Dual Diagnosis Program is a specialized outpatient mental health clinic, designed to serve Veterans who face both psychiatric illness and substance abuse problems. Veterans referred to the program comprise an extremely heterogeneous group, varying in terms of their current psychiatric functioning, substance of choice, and length of sobriety. Because of this variety, the Dual Diagnosis Program can offer a broad scope of training opportunities. Clinical experiences may include formal assessment; insight-oriented and supportive therapy, either with individuals, families, or groups; and didactic or psychoeducational group work.

Typically an intern carries some individual therapy cases, and although all of our patients have both substance dependence and Axis I disorders, we try to select cases where the Veteran is presenting with goals that are appropriately addressed by psychotherapy. Along with the rotation supervisor, interns will work as a co-therapist in three different outpatient treatment groups. Interns participate in initial diagnostic assessments of patients who are seeking treatment in the clinic, and are given the opportunity to present these findings in a weekly clinical staffing meeting. Interns are also invited to design and implement new treatment offerings, based on their own interests and skills.

The Substance Abuse/Posttraumatic Stress Disorder (SA/PTSD) Program is designed to address the specific needs of male and female Veterans dually diagnosed with posttraumatic stress disorder and substance use disorders. Since these Veterans may perceive substance use as mitigating their PTSD symptoms, they can be difficult to treat. The program is designed to address both disorders concurrently, utilizing a harm minimization or abstinence-based model. After being assessed, Veterans typically enter groups based on Lisa Najavits' Seeking Safety model. These groups meet several times per week, and give Veterans the opportunity to consider the importance of sobriety while learning to understand and cope with their symptoms. Once some foundation of sobriety has been achieved, trauma focused therapy addressing PTSD issues, along with relapse prevention, are offered. Interns are integrated into the treatment team and conduct evaluations, individual and group therapy. The rotation teaches interns a broad range of skills in working with traumatized people and emphasizes interventions aimed at stabilizing Veterans with multiple problems.

Psychology staff who provide supervision in this rotation:
Drs. Steinberg, Hagerty-Bruns, Murray, and Sekerka.

Domiciliary Care for Homeless Veterans Program

Located in Ft. Thomas, Kentucky, the Domiciliary Care for Homeless Veterans program consists of a 60-bed biopsychosocial rehabilitation program designed to assist homeless Veterans reintegrate into the community. Veterans typically stay in the Domiciliary for up to six months and have access to mental health, medical, and vocational assistance. Target goals for most of our residents involve independent living, gainful employment, and the development of a long-term mental health recovery program.

Many of the Veterans in the Domiciliary community suffer from chronic substance dependence and/or mental health issues. Accordingly, intern training opportunities include providing individual and group therapy, addictions treatment, relapse prevention training, psychoeducational classes, program development, personality assessment, and participation in a multi-disciplinary treatment team. An emphasis on this rotation is for interns to adapt the clinical skills that they already possess to effective intervention with this population. If you are looking for a clinical challenge that draws upon creative problem solving, increases multicultural awareness, sharpens your clinical judgment, and emphasizes personal and professional

authenticity, the Domiciliary is for you!

Psychology staff who provide supervision in this rotation:
Dr. Zinnbauer.

Health Psychology

In Health Psychology (HP), the psychologist and intern work with patients suffering from chronic illness. The HP staff provides individual and group therapy and lead a number of psychoeducational support groups. They also provide psychological assessment and consultation. Since the Health Psychology work supports ongoing medical clinics, the staff works closely with a variety of health care professionals including dietitians, physical and occupational therapists, nurses and physicians in various outpatient clinic settings.

Health Psychology staff serve as team members and/or consultants to the following clinics: Physical Medicine and Rehabilitation, Neurosurgery, Surgery, Oncology, Nutrition and General Internal Medicine. The major goals are to facilitate patient's adjustment to their medical conditions and to enhance adherence to prescribed medical regimens. Specific groups conducted by this team include a stress management class for patients suffering from chronic obstructive pulmonary disease (COPD) and a behavioral weight loss group. Referrals for individual therapy come from anywhere in the hospital and vary considerably. Typical referral problems include: insomnia, high stress, unexplained angina, depression, anxiety, sexual dysfunction, and family disturbance. This team also receives requests for psychosocial assessments of patients being considered for various procedures, including organ transplants and spinal cord stimulators.

During the six-month rotation, the intern will co-lead groups/educational classes, do a limited number of assessments and provide time-limited, problem-focused individual and/or marital therapy with medical patients. The intern will also serve as a consultant to the other members of the medical staff on an "as needed" basis.

Interns working in the Primary Care-Mental Health Integration (PC-MHI) program are offered the opportunity to develop skills in delivering brief evidence-based interventions to Veterans in a flexible, interdisciplinary setting. In addition to working in the general VA primary care clinic, interns may wish to gain additional experience providing PC-MHI services in the

newly created Women's Health Center in order to promote understanding of the unique needs of women Veterans. Other responsibilities include working as a co-facilitator (along with a nutritionist) of the VA Weight Management Program ('MOVE'), and completing psychosocial evaluations for organ transplant and bariatric surgery candidates, which provides an opportunity to integrate information related to family support, substance abuse, mental health, medication compliance, and cognitive impairment.

Psychology staff who provide supervision in this rotation:

Drs. Barrett, Meshot, Altum, and Perry.

Chronic Pain

The Pain Clinic is a busy multidisciplinary clinic receiving 15-20 referrals each week from primary care physicians within the VA system. The Pain Clinic rotation affords the intern an opportunity to gain experience as a pain psychologist working as part of an interdisciplinary team which includes an anesthesiologist, physical medicine and rehabilitation specialists, a nurse practitioner, pharmacist, physical therapist, and a psychiatrist.

The intern will work closely with the pain psychologist performing pain assessments to new referrals to the pain clinic. The focus of these assessments is the determination of psychosocial variables that may impact the patient's pain experience and treatment. The psychologist collaborates with the physician and physical therapist in development of a comprehensive treatment plan geared towards improvement in the patient's mood, pain level, and quality of life. In addition, the intern will gain experience working with patients with Chronic Pain Syndrome who attend the Intensive Outpatient Rehabilitation Program (IPRP). Patients who participate in the program attend two full days a week for four weeks, during which time they engage in physical therapy, group psychoeducation, group cognitive behavioral psychotherapy, and relaxation training. The intern will also gain experience performing more complex psychosocial evaluations for implantable devices such as spinal cord stimulators. Last, the intern will be offered the opportunity to perform biofeedback services to patients with chronic pain and headaches. The focus of biofeedback in these patients is to reduce sympathetic nervous system activity and reduce muscle tension with the overall goal of pain reduction.

In sum, during the six-month rotation, the intern will co-lead groups/educational classes, perform assessments, provide time-limited,

problem-focused individual therapy, and perform biofeedback to patients with chronic pain. The intern will also serve as a consultant to the other members of the medical staff on an "as needed" basis. Treatment outcome and patient satisfaction data are collected routinely from patients participating in our pain programs.

Psychology staff who provide supervision in this rotation:
Dr. Nagel.

The Operation Enduring Freedom/ Operation Iraqi Freedom (OEF/OIF) Clinic

The OEF/OIF Clinic provides a unique training experience in that this is a "one stop" post deployment clinic specializing in the treatment and care of Veterans returning from combat. The OEF/OIF clinic is a multidisciplinary integrated care clinic comprised of a team of support staff, a transitional patient advocate, LPNs, RN Case managers, Nurse Practitioners, a pharmacist, MDs, Social Workers, Psychiatry, & Psychology. The staff of fewer than 20, who come from different disciplines within the VA, is distinguished by their cohesion, collaboration, energy and most important, commitment to the population they serve.

The training environment of the OEF/OIF internship parallels the dedication and philosophy of the clinic. Supervision of the intern is provided under the PTSD & Anxiety Disorder Division, by the OEF/OIF staff psychologist. Due to the close proximity of the on site supervisor, the intern can confront clinical challenges and grow in a collaborative and supportive atmosphere. As part of the OEF/OIF mental health team, the intern's role will include consultation, crisis intervention, assessment, treatment, triage, and participation in staff meetings. There are ample opportunities to learn the assessment and treatment of PTSD on this rotation.

Psychology staff who provide supervision in this rotation:
Dr. Thiede.

Substance Dependence Program, Residential Rehabilitation Services

The Substance Dependence Program, Residential Rehabilitation Services offers a six month rotation on the residential unit. Two rotations are available during the year and up to two interns may be accommodated on each rotation. The residential program has seventeen beds on the unit. Length of stay is

typically around three weeks, but is ultimately determined by the multidisciplinary treatment team based on the Veterans' individual treatment needs.

All residential rehabilitation clients are assigned a primary counselor and participate in a variety of group psychotherapies, psychoeducational classes and individual therapy. The program offers family support groups, orientation to twelve-step fellowship, and SMART recovery as well as relapse prevention models of addiction treatment. There are specialized treatments given according to individual client characteristics or drug of choice.

The focus of intern training is group psychotherapy. Interns are involved in three to five treatment groups per week, covering traditional talk therapies, action-oriented therapies, and psychoeducational models. Group psychotherapy is taught through an apprenticeship model in which interns function as co-therapists in a variety of groups. Interns are assigned as primary counselors, and participate on the multi-disciplinary treatment team that meets every morning. They also have an opportunity to provide case management, individual therapy and assessment specifically focused on the needs of the chemically dependent client. Complicating factors, such as depression, posttraumatic stress disorder and major mental illness are also addressed in this program. In addition, opportunities exist for broadening personality assessment skills through consultation with the multidisciplinary staff.

Psychology staff who provide supervision in this rotation:
Drs. Bolte and Lieb.

Minor Rotation Opportunities

Each intern chooses a minor rotation that lasts the entire year. This is meant to supplement the interns' experience by giving the opportunity either to connect with a staff member with whom they would not otherwise have an opportunity to work or to work with a different population (for example, children or adolescents). Because the internship places a particular emphasis on training psychologists who are well-rounded, the minor rotation is also often used to fill gaps in previous training. This minor rotation is eight hours per week, which includes one hour of supervision with a licensed psychologist.

Frequently, a minor rotation is simply a scaled-down version of a major rotation. The skills and foci of these can be found in the major rotation

descriptions. Certain major rotations are not available as a minor. These include neuropsychology, health psychology/chronic pain, and residential rehabilitation. Some training experiences only exist as minor rotations such as the Psychiatric Evaluation Clinic and the Compensation and Pension Program (please see below for more detailed descriptions of these opportunities). It is also possible that opportunities can be newly created to meet an intern's particular training needs or interests (e.g., mindfulness, sleep disorders, geropsychology, spirituality)

While the major focus of this internship program is the acquisition and development of clinical skills, students with a strong clinical background may choose research as a minor rotation. Working with a staff psychologist, the intern would develop, carry out and analyze results for a specific research project. At the end of the year, the work product would be a publication-quality summary of the research effort.

The Psychiatric Evaluation Center (PEC)

Psychiatric Evaluation Center (PEC) is part of the Assessment and Intensive Treatment Division. PEC provides services to patients who present with a variety of mental health needs such as substance use, medication needs, and psychiatric issues including suicide and/or homicidal ideation and crisis counseling. PEC serves as the frontline entry into the many mental health programs at the Cincinnati VA. PEC consists of a multi disciplinary team of various mental health professions; currently psychiatrists, psychologist, advanced practice nurses, social worker, RN's and psychology interns. A close working relationship is also established with the emergency department staff. PEC serves as the bed control division for psychiatric inpatient admission and facilitates transfer of patients to and from other VAs or community hospitals to the psychiatric unit as needed. Veterans presenting for services are assessed in a structured interview, and based on the information gathered, a diagnostic write-up is produced. A disposition plan is formulated and implemented. This might be a good training experience for interns who need more experience with diagnosis, are interested in working with a multi-disciplinary team, would like to improve the ability to prioritize and organize clinical information, would like to master the ability to meet an unknown patient and to efficiently assess his or her needs and formulate a plan; and who would like more experience with assessment and management of dangerous behavior.

Psychology staff who provide supervision in this rotation:
Dr. Akinyemi.

Compensation and Pension Program (C&P)

The purpose of the C&P program is to evaluate Veterans who are claiming a disability that was caused by or occurred during their military service. Those Veterans who are found to have a service-connected disability are then paid monthly compensation for their average loss of earning potential due to their disability. Veterans can request compensation for any condition, from impaired hearing to diabetes mellitus to schizophrenia. A large portion of the mental health C&P examinations are focused on PTSD, although other anxiety disorders and depressive disorders are also very common.

An intern would be required to interview the Veteran, review medical records, review the claims file, and write a report. In certain cases, limited psychological or neuropsychological testing can be helpful - in most cases, there is no specific requirement for particular testing, but it can be done at the clinician's discretion. The intern would be required to write comprehensive reports that are somewhat different than traditional reports because they are for a non-clinical audience for legal purposes. For example, on occasion it might be required to give a GAF score for each diagnosis to aid the Regional Office in determining how much of the Veteran's occupational problem is due to his/her (non-compensated) personality disorder and how much is due to his/her (compensated) PTSD. Reports answer specific questions while outlining the rationale behind the answers. They also describe how the diagnosis may or may not be related to the Veteran's military experiences and discuss how symptoms are impairing social and occupational functioning. This would be a good minor rotation for interns interested in honing diagnostic skills, interviewing techniques, and report writing. It would also be of interest to anyone looking to work in forensic psychology.

Psychology staff who provide supervision in this rotation:
Drs. Wirtz and Vredevelde.

Acute Inpatient Psychiatric unit (7 N) and Partial Hospitalization Program (PHP)

The acute psychiatry unit is an 18 bed inpatient unit. Veterans who are placed on this unit are usually dealing with symptoms of a Severe Mental Illness (most common Major Depressive Disorder, Bipolar Disorder, Schizoaffective Disorder, and PTSD). Also, we are increasingly seeing Veterans who are

dealing with dementia as well as SMI symptoms. Patients struggling with substance abuse/dependence issues are sometimes hospitalized as a first step in dealing with their illness. Opportunities for the psychology intern include participation in multidisciplinary treatment teams and group psychotherapy. The intern will also provide psychological testing as a way to clarify diagnosis and assist with treatment planning

The Partial Hospitalization Program (PHP) is an outpatient program affiliated with the psychiatric unit. Veterans in PHP attend groups from 830am -230 pm Mondays through Fridays. This program can be used as a step down from the inpatient unit but it also serves as a way to manage increased symptoms so that hospitalization is not necessary. The psychology intern will have the opportunity to handle consults to determine appropriateness for admission, performing admissions and developing treatment plans, providing group therapy, and some individual treatment. As appropriate, psychological testing could also be utilized to assist in diagnosis and treatment planning. In addition, participating in or leading psycho-educational groups could be made available if the intern was interested.

Psychology staff who provide supervision in this rotation:
Dr. Boehner.

Outpatient Psychotherapy Cases

Each intern carries three long-term psychotherapy cases throughout the internship year. On the basis of their interests and skill-development needs, interns may select individual, marital or family cases. Supervision is provided to interns on a regular weekly basis by their assigned staff psychologists. Audio- and videotaping of sessions are available and encouraged for supervision purposes.

Training Conferences

Professional Conference

Professional Conference meets weekly for one hour. It is designed to interest and meet the growth needs of the professional Psychology staff as well as interns. The Cincinnati VA Psychology Training Program is approved as a provider of Mandatory Continuing Education credits for licensed psychologists by the Ohio Board of Psychology. Several of the professional

conferences are specialized programs designed for MCE credits. Our psychology staff members regularly present at these conferences, and each intern presents a clinical case during the training year. Examples of recent professional conferences include:

- Introduction to Prolonged Exposure
- The Restructured Scales of the MMPI-2
- Evaluation and treatment of PTSD and Traumatic Brain Injuries
- Mental Health Treatment of Patients with Burn Injuries
- Applications of Dialectical Behavior Therapy
- Cognitive–Behavioral Conjoint Therapy for PTSD
- The Use of Socratic Questioning in CBT

Intern Seminar

This weekly, ninety-minute seminar is attended by interns only. Some topics include information specific to our VA hospital and the Veterans' population, while others focus on issues of specific interest requested by the intern class. Seminars may be one-time presentations or span as long as 8 weeks. Seminar leaders have included both VA hospital staff members and consultants from the community. Aspects of human diversity, including race, gender, ethnicity, sexual orientation, age, physical illness and disability are covered in seminars throughout the year. Intern seminars in the past several years have included:

- Motivational Interviewing
- Introduction to Military Culture
- HIV and Mental Health
- Iraq Combat Experiences
- Viet Nam Combat Experiences
- Multiculturalism and Clinical Practice
- Life after Internship: Post Doctoral Fellowships, Post-Internship Employment, and Licensure issues
- Empirically Supported Treatments and Empirically Based Practice
- Psychopharmacology for Psychologists
- Introduction to Clinical Supervision
- Ethical Issues in Clinical Supervision

Training in Empirically Supported Treatments and Empirically Based Practices

The following are a list of trainings in ESTs and EPB available in the internship. Access to some of them is dependent on supervisor and rotation assignment:

Motivational Interviewing
Cognitive Processing Therapy for PTSD
Seeking Safety for PTSD and Substance Dependence
Prolonged Exposure for PTSD
Mindfulness Based Relapse Prevention for Substance Dependence
Panic Control Treatment for Panic Disorder
Exposure and Response Prevention for OCD
Cognitive Behavioral Therapy for Social Anxiety
Present Centered Therapy
Integrative behavioral couples therapy
Behavioral couples therapy for substance use disorder
Empirically Supported Therapy Relationships
Social Skills Training
Behavioral Family Therapy

Life After Internship...

Our interns have been successful in securing an impressive array of positions following their internship year. A sampling of recent Postdoctoral Fellowships include:

OAA Research Fellowship – Central Texas Center of Excellence for
Returning Veterans
Denver Mental Illness Research Education and Clinical Center (MIRECC),
VA Eastern Colorado Health Care System
University of Michigan Medical Center
The VA National Center for Organizational Development
University of Virginia, Department of Medicine, Child-Parent Attachment
Clinic
Harry S. Truman VA Medical Center in Columbia, Missouri - PTSD/TBI
Fellowship
NIH-Sponsored Postdoctoral Research Fellowship at the University of

California, San Diego, Division of Geriatric Psychiatry
Cleveland Clinic Foundation Chronic Pain Treatment Program
University of Alabama-Birmingham in Neuropsychology
Medical College of Wisconsin, Milwaukee, in Neuropsychology
The Geisinger Clinic, Danville, PA in Neuropsychology
The Drake Center for Rehabilitation, Cincinnati, OH, in Neuropsychology
The Rehabilitation Institute of Chicago
Brown University Medical School in Neuropsychology

Others interns have gone on to forensic positions in the federal prison system as well as clinical positions at both community mental health centers and private practices. Our graduates also serve on the faculties of the University of Dayton, Miami University of Ohio, Radford University, and the University of Kentucky.

The Veterans Administration is invested in retaining top talent, and positions within the VA are also possibilities for graduating interns. Recent graduates from our internship are currently working at VA Medical Centers in Indianapolis, San Diego, Huntington, and here in Cincinnati. In fact, half of our own psychology staff at the Cincinnati VAMC are former interns and practicum students.

Internship Year & Stipend

The internship year begins July 30th, 2012 and ends July 26, 2013. The training stipend is \$24,896. Interns receive ten paid federal holidays and thirteen days of leave for vacation and/or professional development. State and federal income tax and FICA (Social Security) are withheld from interns' checks. The United States government covers interns for malpractice under the Federal Tort Claims Act.

Eligibility Requirements

Applications for the predoctoral clinical psychology internship program are welcome from students who have met the following requirements:

U.S. citizenship

Three years of graduate study, completion of comprehensive exams, and acceptance as a doctoral candidate into an APA-approved clinical or counseling psychology training program (Ph.D. or Psy.D.)

Completion of a minimum of 300 AAPI Intervention and Assessment Hours

Completion of a minimum of 1000 AAPI Grand Total Practicum Hours

Completion of a minimum of 150 adult psychotherapy hours conducted
(individual or group)

Dissertation proposal approved by beginning of internship

Completion of online application procedure

Application Procedure

Applications must be received no later than November 1, 2011, and must be completed online (no paper applications will be accepted) including:

A completed online AAPI and online verification by your Director of Clinical Training

A clear list of track and rotation preferences indicated at the top of the cover letter that you submit through the online application. This is used for the purpose of scheduling interviews only. You may change your track and rotation preferences at any time prior to submitting your rank lists.

Three letters of recommendation submitted through the online application.
Note: Please do not send more than three letters. We will arbitrarily discard any material we did not request.

A current *Curriculum Vitae* submitted through the online application

An official transcript of all graduate work submitted through the online application

The psychology training committee will review all completed applications. This committee includes the Director of Training, the Associate Director of Training, psychology staff, and current interns. Applicants may seek consideration for any or all training tracks. Those not meeting the eligibility requirements will be notified as soon as possible.

We seek applicants who have a sound clinical and scientific knowledge base from their academic program, strong basic skills in standard assessment, psychotherapy, and research techniques, and the personal characteristics necessary to function well in our internship setting. Our selection criteria are based on a "goodness-of-fit" with our training opportunities. We prefer to build an intern class that comes from many different kinds of programs and theoretical orientations, from different geographical areas, of different ages, of different cultural backgrounds, and with different life experiences. Of the over 150 applications we typically receive in a given year, we usually offer on-site interviews to 60 candidates. *We do*

not conduct phone interviews. Our program, and the Cincinnati VA Medical Center as a whole, are committed to Affirmative Action and Equal Opportunity in Employment. Applicants are welcome to contact Dr. Zinnbauer with any questions.

Visiting Our Site

If you are invited to interview, you will be invited to participate in a half-day visit to our facility. Most of this visit will include interviews with staff members and present interns. These will take place on the following days:

Friday December 9 from 12:30-4:30

Thursday January 5 from 8:15-noon

Tuesday January 10 from 12:30-4:30

Wednesday January 18 from 12:30-4:30

Applicants will be notified by email whether or not they will be invited to interview. All applicants will be notified of their interview status by December 1, 2011. *Again, we regret that we are unable to offer phone interviews or interviews on dates other than the four dates noted above.*

Contact Information

! Telephone: 859.572.6777

! Email: brian.zinnbauer@va.gov

Please Note

This internship site abides by all APPIC policies, including the directive that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant prior to Uniform Notification Day.

This predoctoral clinical internship is fully approved by the American Psychological Association. For information, please contact:

Office of Program Consultation and Accreditation
American Psychological Association

750 First Street, N.E.
Washington, D.C. 20002-4242
Telephone: 202.336.5979

It is important for us to let you know that, in accord with the Federal Drug-Free Workplace Program, interns accepted here may be asked to submit a urine specimen as part of their pre-employment physical. Other branches of the federal government may also conduct routine background checks as an additional pre-employment requirement. Incorrect, incomplete or falsified information may be grounds for dismissal. By submitting an application for internship, you are agreeing to these conditions, as well as authorizing release of information. You are also agreeing to abide by all policies and procedures of a federal workplace, should you accept an internship position at the Cincinnati VA Medical Center.

APPIC Match Numbers

Our match numbers are:

General Clinical - 150411

Neuropsychology - 150412

PTSD - 150413

Due to the specialized natures of the neuropsychology and the PTSD rotations, they are listed with their own match numbers. Applicants are permitted to rank a specialized track and the general track if they are interested in both of these. If your primary reason for coming to this internship is to train in neuropsychology or PTSD, you are encouraged to rank only that number to ensure that you are brought in on that list. Applicants who do not match on the neuropsychology or the PTSD lists cannot be guaranteed those rotations.